

Mind Over Matter (We Makin' Love)

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Melanie Cheever (USA) - February 2023

Musique: Mind Over Matter - Anthony Ramos



Intro: 16 counts - No tags or restarts

Sway Rock, Behind, ¼ Turn Step, Step, Kick, Step, Step, ¼ turn Step, Touch

- 1,2 Step R to right and sway hips right, Recover on L with sway left
- 3&4 Step R behind L, Turn ¼ left stepping L forward, Step R forward (9:00)
- 5&6 Kick L low forward, Step L forward, Step R forward
- 7,8 Turn ¼ right stepping L to left, Touch R next to L (12:00)

¼ Turn Walk, Walk, Shuffle, ¼ Paddle, ¼ Paddle

- 1,2 Turn ¼ right stepping R forward, Step L forward (3:00)
 - 3&4 Step R forward, Step L forward, Step R forward
 - 5,6,7,8 Touch ball of L forward, Push off with L turning ¼ right, repeat counts 5, 6 (9:00)
- (Put your hips into the paddle. Remember: **We Makin' Love!** Lead with your L hip in a counterclockwise loop for each paddle. Your weight shifts from L to R to L to R.)

Cross, Side, Sailor Step, Weave: Cross, Side, Behind, ¼ Turn Step

- 1,2 Cross L in front of R, Step R to right
- 3&4 Step L behind R, Step R to right, Step L to left
- 5,6,7,8 Cross R in front of L, Step L to left, Cross R behind L, Turn ¼ left stepping L forward (6:00)

Step, ¼ Turn Bounce, ¼ Turn Bounce, Kick, Walk, Walk, Walk, ¼ Turn Hitch

- 1,2,3,4 Step R forward, Bounce heels with weight on R while turning ¼ left, Repeat count 2 keeping weight back on R, Kick L low forward with slight lean back (12:00)
- 5,6,7,8 Walk forward L, R, L, Turn ¼ left while swinging R knee into a hitch (9:00)

Thank you! Thank you! Thank you to Cody Flowers for your suggestions and help with this dance. :^}
Have fun with it.
Get lost in the music...the moment.

Contact: Melaniecheever@me.com

Last Update: 5 Feb 2023