# For Better Days

Niveau: Easy Improver

Chorégraphe: W.L.D. (KOR) - February 2023

Musique: Better Days - NEIKED, Mae Muller & Polo G

#### Restart during wall 4

Compte: 32

Section 1 - Hip roll with bump * 2, side, behind, side, cross, side	
12	step R to right while rolling hips from L to R, hip bump to L
34	step L down rolling hips from R to L, hip bump to R

56&78 step R to right, behind, side, cross, side

### Section 2 - Touch fwd, point side, coaster step, kickball change, pivot 1/4 L

- 1 2 touch L fwd, point L to side
- 3&4 step L back, step R next to L, step L fwd
- 5&6 kick R fwd, ball R next to L, step L slightly fwd
- 7 8 step R fwd, turn 1/4 L (9:00)

## Section 3 - Dorothy step R L, fwd rock, back, touch fwd

- 1 2& step R fwd to R diag., lock L behind R, step R fwd
- 3 4& step L fwd to L diag., lock R behind L, step L fwd
- 56&78 rock R fwd, recover on L, step R back, touch L fwd, hold

### Section 4 - Sway fwd/back/fwd/back, cross samba, step fwd, pivot 1/2 L

- 1234 sway fwd, sway back, sway fwd, sway back
- 5&6 cross L over R, step R to side, step L to side
- 7 8 Step R fwd, turn 1/2 L (3:00)

\*\*\* Restart During wall 4 Dance up to 16 count Wall 5 starts facing 6:00

Last Update: 7 Feb 2023





**Mur**: 4

Nivea