

One Of Us

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Inge Vestergård (DK) - February 2023

Musique: One Of Us - Ava Max

Intro: 70 counts from beginning of track. App. 28 secs. into track. Start with weight on L foot.

#2 small tag and restart on wall 3 facing 3:00 and on wall 8 facing 12:00

See description at bottom of sheet

Sec. 1: R Rocking Chair, Step ¼ Turn L, Cross, Hold

1 – 4 Rock R fwd, Recover L, Rock R back, Recover L

5 – 8 R step fwd, ¼ turn L stepping L to L side, Cross R over L, Hold (9:00)

Sec. 2: L Step Lock Step, Scuff, R Step Lock Step, Scuff

1 – 4 Step L fwd, Lock R Behind L, Step L fwd, Scuff R (**Tag and restart)

5 - 8 Step R fwd, Lock L Behind R, Step R fwd, Scuff L

Sec. 3: L Step, R Touch, R Step Back, L Kick, L Coasterstep, Hold

1 – 4 L Step fwd, Touch R behind L, R step back, L Kick fwd

5 – 8 Step L back, Step R beside L, Step L fwd, Hold

Sec. 4: 2 x ¼ Paddle Turn L, R Cross, L Sweep, L Cross, R Sweep

1 – 4 Step R fwd, ¼ pivot L, Step R fwd, ¼ pivot L (3:00)

5 – 8 Cross R in front of L, Sweep L in front of R, Step L in front of R, Sweep R in front of L

**** Tag in sec. 2 after 4 counts:**

1 – 4 Sway R, Hold, Sway L, Hold. Then restart the dance

Start all over and have Fun

Contact: ingevestergaard56@gmail.com

Last Update: 13 Feb 2023