Ready To Fall



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Lesley Kidd (UK) & Hayley Goy (UK) - March 2023

Musique: Let Me Fall - Callum Beattie

Introduction: 24 counts, start on vocals

SECTION 1: Syncopated forward rocks, ball step, step back, coaster step

1-2& Rock forward on R, recover weight onto L, step R beside L3-4& Rock forward on L, recover weight onto R, step L beside R

5-6 Step R back, step L back

(Wall 3 Restart here with slight step change)*

7&8 Step R back, step L beside R, step R forward

SECTION 2: Left lock step, right lock step, rock, recover, full triple turn

Step L forward, lock R behind L, step L forward
Step R forward, lock L behind R, step R forward
Rock forward on L, recover weight onto R
Make full turn over L shoulder stepping L, R, L

(if you do not wish to do full turn, replace counts 7&8 with L coaster step)

SECTION 3: Rock, recover, 3/4 triple turn, samba step, cross, side

1-2 Rock forward on R, recover weight onto L

3&4 Make ¾ turn over R shoulder stepping R, L, R to face 9:00

5&6 Step L across R, step R to R side, step L in place

7-8 Step R across L, step L to L side

SECTION 4: Behind, side, cross shuffle, step 1/4, 1/2 turn hitch, back, coaster step

1&2 Step R behind L, step L to L side, step R across L

&3-4 Step L beside R, step R across L, turn ½ L stepping L forward (6:00)

5-6 Make a ½ turn to L hitching R knee, step R back (12:00)

7&8 Step L back, step R beside L, Step L forward

SECTION 5: Step, kick, coaster step, kick and point, hitch ball cross

1-2 Step R forward, kick L forward

3&4 Step L back, step R beside L, step L forward
5&6 Kick R, step R beside L, point L to L side
7&8 Hitch L knee, step L beside R, step R across L

SECTION 6: 1/4 shuffle, rock, recover, full turn, 1/4 shuffle to side

1&2 Turn ½ L stepping L forward, step R beside L, step L forward (9:00)

3-4 Rock forward on R, recover weight onto L

5-6 Turn ½ R stepping R forward, turn ½ R stepping L back

7&8 Turn ¼ R stepping R to R side, step L beside R, step R to R side (12:00)

SECTION 7: Cross rock, side shuffle, cross rock, 1/4 shuffle

1-2 Rock forward L across R, dipping down, recover weight onto R

3&4 Step L to L side, step R beside L, step L to L side

Fock forward R across L, dipping down, recover weight on L
Turn ¼ R stepping R forward, step L beside R, step R forward

SECTION 8: step, kick, ball step, step, kick, ball step, step, scuff

1-2	Step L forward, kick R forward
&3-4	Step R beside L, step L forward, step R forward
5&6	Kick L forward, step L beside R, step R forward
7-8	Step L forward, scuff R foot forward

*RESTART ON WALL 3 WITH SLIGHT STEP CHANGE:

Dance up to count 6 of section 1 Count 7, rock back on R Count 8, recover weight on L and restart the dance

Alternative music track with different tempo:

Dance can also be done to Hypnosis by Green Lads. The restart is the same but happens on wall 4. This is a much faster pace.