Regrets



Compte: 64 Mur: 4 Niveau: Phrased Intermediate

Chorégraphe: Maggie Gallagher (UK) - March 2023 Musique: Regrets - Flynn : (Amazon & iTunes)



Intro: Start after the words "Suddenly You've Got" (10 secs) Sequence: A, A, B, A, A, B, A, A, B (20 counts), A

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Part	Δ	_ 32	COL	ınte

A1: RIGHT, ½ DOROTHY, HEEL, HOLD, & WALK, ½, ¼, POINT

1-2&	Step forward on right	½ left locking left behind	Lright Sten slightly	/ back on right [6:00]
1-20	olop ioi wara on right,	72 IGIL IOCKII IQ IGIL DGI III IC	Hant, Oteb Shanti	v back on hant lo.ooi

3-4&	Touch left heel forward, HOLD, Step left next to right
5-6	Walk forward on right, ½ right stepping back on left [12:00]
7-8	1/4 right stepping right next to left, Point left to left side [3:00]

A2: KICK &, FUNKY DIP WALKS x2, TOUCH, & TOUCH, HOLD, & TOUCH, HOLD

	1&2	Kick left slightly across right, Step left next to right, Walk forward on right bending knees
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3-4 Walk forward on left bending knees, Touch right next to left

45-6 Jump slightly back on right on left diagonal, Touch left next to right, HOLD
47-8 Jump slightly back on left on right diagonal, Touch right next to left, HOLD

A3: OUT OUT, WALK, 1/4 FLICK, CROSS, 1/4, 1/2, R DOROTHY

&1-2	Small jump on right to right side, Small jump on left to left side, Walk forward on right
3-4	Keeping weight on right turn ¼ right flicking left back, Cross left over right [6:00]
5-6	1/4 left stepping back on right, 1/2 left stepping forward on left [9:00]

7-8& Step right forward on right diagonal, Lock left behind right, Step forward on right [10:30]

A4: 1/4 WALK, HOLD, & WALK, RONDE HITCH, CROSS, BACK, 1/2, WALK

1-2&	1/4 left walking forward on left, HOLD, Step right next to left [7:30]
3-4	Walk forward on left, Ronde hitch right knee slightly across left
5-6	Cross right over left, Step back on left straightening to [9:00]
7-8	½ right stepping forward on right, Walk forward on left [3:00]

Part B – 32 counts. Script describes Part B as first danced facing [6:00] B1: SIDE, POINT, SIDE, POINT, STEP, LOCK/DIP, STEP, ¼ FLICK

1-2	Step right to right side rolling hips and bending knees slightly, Point left forward angling body
	1 [4 00]

to [4:30]

3-4 Step left to left side rolling hips and bending knees slightly, Point right forward angling body

to [7:30]

5-6 Step forward on right to [7:30], Lock left behind right bending knees

7-8 Step forward on right, Keeping weight on right turn ¼ left flicking left back [4:30]

B2: STEP, LOCK/DIP, STEP, FLICK, SLIDE, DRAG, 1/8 SLIDE, DRAG

1-2	Step forward on left to [4]	4:301. Lock right	behind left bending knees

3-4 Step forward on left, Flick right back

5-6 Slide back on right, Drag left to meet right [4:30]

7-8 1/8 right sliding back on left, Drag right to meet left [6:00]

B3: SIDE, POINT, SIDE, POINT, STEP, LOCK/DIP, STEP, 1/4 FLICK

1-2 Step right to right side rolling hips and bending knees slightly, Point left
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to [4:30]

3-4 Step left to left side rolling hips and bending knees slightly, Point right forward angling body

to [7:30]

*Restart here during the third repetition of Part B

5-6 Step forward on right to [7:30], Lock left behind right bending knees

7-8 Step forward on right, Keeping weight on right turn ¼ left flicking left back [4:30]

B4: STEP, LOCK/DIP, STEP, FLICK, % LEFT TURN WALKING R-L-R-L

1-2 Step forward on left to [4:30], Lock right behind left bending knees

3-4 Step forward on left, Flick right back

RESTART: This occurs during the third repetition of Part B, which starts facing [3:00] Dance 20 counts of Part B, then restart the dance with Part A, facing [3:00]

ENDING: Dance 30 counts of the last repetition of Part A. Step right to right side on count 31, then step forward on left to finish facing [12:00]

Thank you to Margaret Hains for suggesting this track

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