My First Boogie

Niveau: Easy Beginner

Compte: 48 Chorégraphe: Don Pascual (FR) - April 2023 Musique: Cherokee Boogie - BR5-49

Start on vocals

Section 1: Toe struts RLRL backward

- R toe backward, drop R heel, L toe backward, drop L heel 1-4
- 5-8 R toe backward, drop R heel, L toe backward, drop L heel

Section 2: Swivel R heel in place, swivel L heel in place

- 1-4 (Legs bent): Swivel R heel to the R, to the L, to the R, return to center (ending weight on R)
- 5-8 (Legs bent): Swivel L heel to the L, to the R, to the L, return to center (ending weight on L)

Section 3: Step R to the R, hook, step L to the L, hook, swivels in place, hold

- 1-4 Step R to the R, hook L behind R, step L to the L, hook R behind L
- 5-8 Bring L beside R swiveling both heels to the R, swivel both heels to the L, swivel both heels to the R, hold

Section 4: RLRL heel struts making a L ¹/₂ T Making a L ¹/₂ T:

1-8 (R heel forward, drop your R toe, L heel forward, drop your L toe) x 2

Section 5: R & L side points, toes & heels fans, recover

- Point R to R side, R beside L, point L to L side, L beside R 1-4
- 5-6 Swivel both toes outward, swivel both heels outward
- 7-8 Swivel both heels inward, return both toes to center (ending weight on L)

Section 6: K steps with claps

- Step R forward (R diagonal), touch L beside R + clap 1-2
- 3-4 Step L backward (L diagonal), touch R beside L + clap
- Step R backward (R diagonal), touch L beside R + clap 5-6
- 7-8 Step L forward (L diagonal), touch R beside L + clap





Mur: 2