# Rhythm Of My Show

Niveau: High Intermediate

Chorégraphe: Charles Alexander (SWE) - June 2023

Musique: Rhythm Of My Show - Tone Sekelius : (CD: Rhythm Of My Show)

Intro: 24 counts, approx. 15 sec

Compte: 32

Sequence: Intro 24, 32, 32, +, Tag, +, 32, 32, +, Tag, 24, 32, +, Tag, Tag Dance start 16 counts after first vocals.

### [1 - 8] SAMBA WHISK R-L, 1/4, 1/2, 1/2 SHUFFLE FORWARD

- 1-2& Step R to side. Rock L behind R. Recover onto R.
- 3-4& Step L to side. Rock R behind L. Recover onto L.
- 5-6 1/4 turn right step R forward. 1/2 turn right step L back.
- 7&8 Shuffle <sup>1</sup>/<sub>2</sub> turn right stepping R-L-R. [3:00]

## [9 – 16] ROCKING CHAIR, ½ CHASE TURN, DOROTHY R-L

- Rock L fwd. Recover onto R. Rock L back. Recover onto R. 1&2&
- 3&4 Step L forward. <sup>1</sup>/<sub>2</sub> turn right taking weight on R. Step L forward [9:00]
- Step R diagonally forward. Lock L behind R. Step R diagonally forward. 5-6&
- 7-8& Step L diagonally forward. Lock R behind L. Step L diagonally forward. [7:30]

### [17 – 24] CROSS, ¼ BACK, RIGHT CHASSÉ, ¼ TURN SAMBA DIAMOND

- Cross R over L. ¼ turn right step L back. [10:30] 1-2
- 3&4 Step R to side. Step L beside right. Step R to side. (Body angled towards 10:30)
- 5&6 Cross L over R. 1/8 turn left step R to side. Step L back and hitch R knee. [9:00]
- 7&8 Step R behind L. 1/8 turn left step L to side. Step R forward. [7:30]

### \* Restart here during Wall 5\*

### [25 – 32] L ROCK FORWARD, BALL, STEP, ½ TURN, ½ w/ SWEEP, BACK w/ HITCH, WALK R-L

- 1-2& Rock L forward. Recover onto R. Step L beside R.
- 3-4 Step R forward. <sup>1</sup>/<sub>2</sub> turn left taking weight on L.
- 5-6 1/2 turn left step R back sweeping L from front to back. Step L back and low hitch R knee.
- 7-8 Walk forward R-L. [7:30]

### Square up towards 6:00 and start from the beginning (or do + once).

+: Will happen before every tag, and only once after the first tag.

Step R to side (&). Touch L behind R (1). Unwind a full turn left (2-4) weight ending on L. &1-4 Easy option: Samba whisk R-L.

### Tag: Happens after Wall 2, Wall 4 and twice after Wall 6 (end of dance).

#### [1-8] SAMBA WHISK R-L, ¼ SIDE, CLAP X2, BALL, STEP, ½ TURN

- 1-2& Step R to side. Rock L behind R. Recover onto R.
- 3-4& Step L to side. Rock R behind L. Recover onto L.
- 5&6 1/4 turn left step R to side. Clap twice (&6). [9:00]
- &7-8 Step L beside. Step R forward. 1/2 turn left taking weight on L. [3:00]

### [9-16] SAMBA WHISK R-L, ¼ SIDE, CLAP X2, BALL, STEP, ½ TURN

9-16 Repeat the previous 8 counts. Ends towards [6:00]

### Restart: During Wall 5 (starts facing 12:00, ends facing (7:30) 6:00)

Dance up until count 22 (start of samba diamond), add the following and then restart dance:

23-24 Step R behind L. 1/8 turn left step L forward [7:30]





**Mur:** 2

World Dance Masters 2023 Non-Country Intermediate Choreography Winner

Last Update: 4 Aug 2023