Flowers of Mine

Compte: 56

Niveau: Intermediate

Chorégraphe: Nathalie LATERRIERE (FR) - June 2023

Musique: Flowers - Miley Cyrus

Start : On the lyrics" We were good"

Intro: 48 counts

S1: BIG R STEP DIAGONAL R, DRAG/TOUCH L, BIG L STEP DIAGONAL L, DRAG/TOUCH R

- 1234 Big step R forward to R diagonal, drag LF to RF over 2 counts, Touch LF next to RF
- 5678 Big step L forward to L diagonal, drag RF to LF over 2 counts, Touch RF next to LF

S2: RUMBA BOX R/FWD, SIDE TOGETHER, 1/4T L, FORWARD L , TOUCH R

- 1-2 Step RF to R side, step LF together
- 3-4 Step RF forward, Touch LF next to RF
- 5-6 Step LF to L side, step RF together
- 7-8 Turn ¼ T L stepping LF forward, Touch RF next to LF (9:00)

S3:BIG STEP R, DRAG L , BACK L, CROSS R , BIG STEP L , DRAG R , ROCK BACK R

- 1-2 Big step R to R side, drag LF slowly to RF
- 3-4 Step back LF behind RF, step RF across LF
- 5-6 Big step L to L side, drag RF slowly to LF
- 7-8 Rock back on RF, recover onto LF
- S4: STEP 1/4T L x2, JAZZBOX R
- 1-2 Step RF forward, turn ¼ T L stepping LF to L side (6:00)
- 3-4 Step RF forward, turn ¼ T L stepping LF to L side (3:00)
- 5-6 Step RF across LF, step back LF
- 7-8 Step RF to R , step LF forward

S5 : ROCK FORWARD R, BACK TRIPLE R, ROCK BACK L, 1/4T L, TRIPLE FORWARD L

- 1-2 Rock forward on RF, Recover onto LF
- 3&4 Step back RF, step LF next to RF, step back on RF
- 5-6 Rock back on LF, recover onto RF
- 7&8 Turn 1/4T L stepping forward on LF, step RF next to LF, step forward on LF (12:00)

S6 : ROCK FORWARD R, TRIPLE 1/2T R, TRIPLE 1/2 T R, BACK ROCK R

- 1-2 Rock forward on RF, recover onto LF
- 3&4 Turn 1/4T R stepping RF to R, step LF next to RF, 1/4T R stepping forward on RF (6:00)
- 5&6 1/4T R stepping LF to L, step RF next to LF, 1/4T R stepping back on LF (12:00)
- 7-8 Rock back on RF (with a short hold), recover onto LF

Main dance : 56 counts - Start on the word « I can buy myself flowers »

S1: QUICK WALK R/L/R, TRIPLE ON PLACE, PRESS FORWARD R, HIP ROLL R, SAILOR SWAY R

- 1-2-3 Walk quickly forward on RF, LF, RF
- 4&5 Step LF next to RF, step RF next to LF, step LF next to RF
- 6-7 Press forward on RF, recover onto LF rolling your R hip from front to back
- 8&1 Cross RF behind LF, step LF to L, step RF to R swaying R hip to R

S2: SWAY L/R, BEHIND SIDE CROSS L, SWAY R/L ,TOUCH R

- 2-3 Sway hips to L, sway hips to R (end weight on RF)
- 4&5 Cross LF behind RF, step RF to R, step LF across RF
- 6-7 Step RF to R swaying hips to R, sway hips to L





N

Mur: 2

S3: STEP FWD R, POINT L , COASTER STEP L, STEP R, 1/2T L, KNEE POP L,HOLD, JUMP BACK L/R with TOUCH

- 1-2 Step forward on RF, point LF to L side
- 3&4 Step back on LF, step RF together, step forward on LF
- 5-6 Step forward on RF, ¹/₂ T L hold a bit while popping L knee (end weight on RF) (6:00)
- &7&8 Jump slightly back on LF, touch RF forward, jump slightly back on RF, touch LF forward

S4: SIDE ROCK L, BEHIND SIDE CROSS, SIDE ROCK R, CROSS TRIPLE R

- 1-2 Rock LF to L, recover onto RF
- 3&4 Step LF behind RF, step RF to R, step LF across RF
- 5-6 Rock RF to R, recover onto LF
- 7 **&8 Step RF across LF, step LF to L, step RF across LF

S 5: FULL TURN R BOX SIDE STEPS & CHASSE

- 1-2 Turn ¼ T R stepping LF to L, touch RF next to LF (9:00)
- 3&4 Turn ¼ T R stepping RF to R, step LF next to RF, step RF to R (12:00)
- 5-6 Turn ¹⁄₄ T R stepping LF to L, touch RF next to LF (3 :00)
- 7&8 Turn¼ T R stepping RF to R, step LF next to RF, step RF to R (6 :00)

S6: STEP 1/2T R, TRIPLE FORWARD L , FULL TURN L, STEP $1\!\!\!/_2$ L

- 1-2 Step forward on LF, turn 1/2T R and step forward on RF (12:00)
- 3&4 Step forward on LF, step RF next to LF, step forward on LF
- 5-6 Turn 1/2T L stepping back on RF (6 :00),turn 1/2T L stepping forward on LF (12 :00)
- 7-8 Step forward on RF, turn ¹/₂T L and step forward on LF (6 :00)

S7: OUT R/L, IN IN R/L, DIAGONAL BACK R, TOUCH L , DIAGONAL L FORWARD, TOUCH R

1-2 Step forward on RF to R side, step forward on LF to L side

- RESTART : Wall 3 and wall 5 (St. 6:00 /Rst. 12:00) (Restart the dance without waiting for the lyrics)
- 3-4 Step back RF to the centre, step back LF to the centre
- 5-6 Step back RF to the back diagonal R, touch LF next to RF
- 7-8 Step forward on LF to the L diagonal, touch RF next to LF

REPEAT/RESTART : At the end of Wall 6 (St. 12 :00/ Rpt 6 :00), dance all the counts of Section 7 and start the dance from the beginning.

**FINAL : Wall 7 facing 12:00 : Section 4 = Change counts 7&8 for

7-8 Step RF across LF, point LF to L side