

# No Plan

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner/Improver

**Chorégraphe:** Guylaine Bourdages (CAN) - August 2023

**Musique:** Sometimes You Don't Need A Plan - The Washboard Union



**Intro:** 16 counts

## **SECTION 1 [1-8] RF Rock Step R, Cross, LF Rock Step L, Cross, 1/4L RF back, Hitch L Knee 1/4L LF to L, RF, Cross Shuffle**

- 1&2 RF to right, Recover on LF, RF Cross in front of LF
- 3&4 LF to left, Recover on RF, LF cross in front of RF
- 5&6 1/4L RF back , Hitch Left knee 1/4L, LF to left
- 7&8 RF cross in front of LF, LF to left, RF cross in front of LF

## **SECTION 2 [9-16] LF diag forward , Touch R Toe beside LF, RF back, Kick LF, Behind Side Cross ½ Rumba Box Back, LF Coaster Step**

- 1&2& LF diag. Left forward, Touch ball of RF close of LF, RF back, Kick LF forward
- 3&4 LF cross behind RF, RF to right, LF cross in front of RF
- 5&6 RF to right, LF beside RF, RF back
- 7&8 LF back, RF beside LF, LF forward

## **SECTION 3 [17-24] Heel & Heel & Touch & Heel, & Heel & Heel & Heel Ball Stomp**

- 1&2 R Heel forward, RF beside LF, L Heel forward
- &5&6 LF on place, Touch right toes close of LF, RF back, L Heel forward
- &7&8 LF close of RF, R Heel forward, Ball RF beside LF, Stomp LF Forward

## **SECTION 4 [25-32] RF Step Turn 1/2L, Lock Step with 1/2L, LF Coaster Step, Walk Forward RL**

- 1&2 RF forward, Pivot 1/2L, Transfer weight on LF forward
- 3&4 1/4L RF to right, 1/4L LF cross in front of RF, RF back
- 5&6 LF back, RF beside LF, LF forward
- 7-8 Walk forward R-L

**FINAL on wall 7 Starting facing 12H 1 On SECTION 4**

**Replace counts 7-8 by a STEP TURN (RF forward ½ L) Finish facing 12H**

**HAVE FUN ! GUYLAINE**