## Proud of You

Compte: 32 Mur: 2 Niveau: High Intermediate
Chorégraphe: Hiroko Carlsson (AUS) - August 2023
Musique: Proud Of You - David Morris : (Spotify/Apple Music/Deezer)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)
[S1] Step-Pivot 1/2L-L Full Turn-Chase Turn 1/2L Fwd, Full Spin R-Fwd
12 Step forward on R, Make a $1 / 2$ turn left recover weight on $L$ (6:00)
34 Make a $1 / 2$ turn left stepping back on R, Make a $1 / 2$ turn left stepping forward on $L$ (6:00)
\&5 Step forward on R, Make a $1 / 2$ turn left recover weight on $L$ (12:00)
67 Step forward on R, Step forward on ball of $L$ making a full spin turn right on the spot (12:00)
8 Step forward on R
[S2] L Side Mambo, Side Rock-Fwd-Samba 1/4R, Fwd-Flip Turn 1/2L into Back-Lock-Back (Rock)-
1\&2 Rock $L$ to the side, Replace weight on $R$, Step $L$ next to $R$
3\&4 Rock $R$ to the side, Replace weight on $L$, Step forward on $R$
\&5 Make a $1 / 4$ turn right stepping (rock) $L$ to the side (3:00), Replace weight on $R$
6\& Step forward on L, Make a swift $1 / 2$ turn left stepping back on $R$ (9:00)
7\&8 Step back on L, Lock R over L, Step back on L (prep for pushing forward)
-Restart here on Wall 3
[S3] -Step (Replace)-Lock-Step, 1/2R Sweep, Behind-Side-Touch-1/4R-Point-\&-Heel-\&-Toe-Heel
1\&2 Replace/step forward on R, Lock L behind R, Step forward on R
$3 \quad$ Make a $1 / 2$ turn right stepping back on $L$ sweeping $R$ foot around (3:00)
4\& Step $R$ behind $L$, Step $L$ to the side
$5 \& \quad$ Touch $R$ next to $L$, Make a $1 / 4$ turn right stepping forward on $R(6: 00)$
6\& Point $L$ to the side, Step $L$ next to $R$
7\& Touch $R$ heel diagonally forward, Step $R$ in place
8\& Touch $L$ toe to the side and roll $L$ knee in, Touch $L$ heel close to $R$ and roll $L$ knee out
[S4] Side Rock, Cross-1/4L-Together, V Step, Step-Pivot 1/2L
12 Rock $L$ to the side, Replace weight on $R$
3\&4 Cross $L$ over R, Make a $1 / 4$ turn left stepping back on $R(3: 00)$, Step $L$ next to $R$
5\& Step diagonally forward on R, Step diagonally forward on $L$
6\& Return $R$ to the centre, Return $L$ to the centre
78 Step forward on R, Make a $1 / 2$ turn left recover weight on $L(9: 00)$
Restart on Wall 3 count 16 (3:00)
Ending suggestion: The last wall starts facing 3:00. Dance up to count 16 (12:00).
Step forward on R.
(updated: 30/Aug/23)

