

# Get in or Get Out My Way

**COPPER** KNOB  
STEPPERS

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Francesca Rossi (IT) - September 2023

Musique: Get In or Get Out - Sarah Lake



Intro: 8 counts

Sequence: wall 1, wall 2, TAG, wall 3, wall 4, wall 5-Restart, wall 6, wall 7, wall 8-Restart, TAG, wall 9, wall 10, wall 11, end of dance

Restarts:

-at 5th wall (after 8 counts)

-at 8th wall (after 8 counts)

For both restarts, first 6 counts of the dance + slide to the left LF

So:

[1-8] rock step, shuffle, step turn, shuffle

- &1 step to the right RF -weight on RF
- 2 1/4 turn to the left (weight on RF) facing then 9h - then Weight back on LF
- 3 step forward RF
- & LF close to RF
- 4 step forward RF
- 5 step forward LF
- 6 step turn 1/2 to the right facing then 3h- then weight on RF
- +
- 7 while turning 1/4 to the right ( arriving at 6h) - slide to the left LF
- 8& RF close to LF

TAGS

-after 2nd wall

-after 8th wall + restart

[1-8] shuffle x2, turns

- &1 step forward diagonally RF
- & LF close to RF
- 2 step forward diagonally RF
- & LF touch close to RF
- 3 step forward diagonally LF
- & RF close to LF
- 4 step forward diagonally LF
- 5 step forward RF
- &6 1/2 turn left with LF - weight on RF while turning ( arriving at 6h and putting then weight on LF)
- 7 step forward RF while turning 1/2 to the left ( arriving at 12h and putting then weight on RF)
- 8 1/2 turn left with LF - weight on RF while turning ( arriving at 6h and putting then weight on LF)

[9-16] shuffle x2, turns

- &1 step forward diagonally RF
- & LF close to RF
- 2 step forward diagonally RF
- & LF touch close to RF
- 3 step forward diagonally LF
- & RF close to LF
- 4 step forward diagonally LF
- 5 step forward RF

- &6            1/2 turn left with LF - weight on RF while turning ( arriving at 12h and putting then weight on LF)
- 7            step forward RF while turning 1/2 to the left ( arriving at 6h and putting then weight on RF)
- 8            1/2 turn left with LF - weight on RF while turning ( arriving at 12h and putting then weight on LF)

**N.B.**

**For the TAG after 8th wall+ restart:**

**\*16 counts of the tag + 2 counts (step turn to arrive at 12 h again)**

**So:**

- 1            step forward RF
- &            weight on RF- 1/2 turn to the left ( arriving at 12h)
- 2            weight on LF - RF close to LF

**Steps of the dance:**

**[1-8] rock step, shuffle, step turn, shuffle**

- &1            step to the right RF -weight on RF
- 2            1/4 turn to the left (weight on RF) facing then 9h - then Weight back on LF
- 3            step forward RF
- &            LF close to RF
- 4            step forward RF
- 5            step forward LF
- 6            step turn 1/2 to the right facing then 3h- then weight on RF
- 7            while turning 1/4 to the right ( arriving at 6h) keeping weight on RF - step side LF
- &            RF close to LF
- 8            1/4 turn to the right (facing 9h)- step back LF

**[9-16] foot work**

- &            keeping weight on LF, 1/2 turn to the right ( arriving at 3h)
- 1            touch with heel RF e weight on it
- 2            step and weight on LF behind RF
- 3            step back RF
- &            LF close to RF
- 4            step forward RF
- 5            heel forward LF + weight on it & 1/4 turn to the left (arriving at 12h)
- 6            RF step behind LF
- 7            with weight on RF, 1/4 turn to the left ( facing then 9h) + step back LF
- &            RF close to LF
- 8            LF step forward

**[17-24] slide RF, kick ball cross, slide LF, kick ball cross**

- &1            RF step diagonally to the right
- 2            LF step close to RF
- 3            kick diagonally to the left LF
- &            weight on LF
- 4            RF step over LF
- 5            LF step diagonally to the left
- 6            RF step close to LF
- 7            kick diagonally to the right RF
- &            weight on RF
- 8            LF step over RF

**[25-32] shuffle x2, kick ball touch & step turn x2**

- &1            step to the right RF
- &            LF close to RF
- 2            step to the right RF

3            1/4 turn to the left ( arriving at 6h) - step side LF  
&  
4            RF step close to LF  
5            while 1/4 turn to the left ( arriving at 3h) - step forward LF  
6            kick forward RF  
&  
7            weight on RF  
8            1/2 turn to the left ( arriving at 9h) - then put weight on LF  
9            kick forward RF  
&  
10           weight on RF  
11           1/2 turn to the left ( arriving at 6h) - then put weight on LF

**For the end, 3/4 turn to the left to arrive at 12h**

**or (optional) :**

**[29-32] kick ball touch & step turn x2**

5            kick forward RF  
&  
6            weight on RF  
7            1/2 turn to the left ( arriving at 9h) - then put weight on LF  
8            kick forward RF  
&  
9            weight on RF  
10           1/2 turn to the left ( arriving at 6h) - then put weight on LF

**[33-34]**

&  
1            weight on RF  
&  
2            1/2 turn to the left (arriving at 12h)- weight on RF while turning  
&  
3            sweep LF behind RF  
4            weight on LF

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