

Back to Your Heart

COPPER KNOB
STEPSHEETS

Compte: 48

Mur: 2

Niveau: Intermediate

Chorégraphe: Ronny Palerud Larsen (NOR) - September 2023

Musique: Back To Your Heart - Delta Goodrem



NO TAGS OR RESTARTS

[1-9] Slide, hold & cross, step, lock, step, rock, recover, step lock step

- 1,2&3 Slide RF right, hold, step LF beside RF, cross RF in front of LF towards left diagonal
- 4&5 Step LF forward, lock RF behind LF, step LF forward (all facing 10.30)
- 6,7 Rock RF forward, Recover to LF
- 8&1 Step RF back, lock LF in front of RF, step RF back

[10-17] Behind, side, cross, rock and cross, turn 1/4, forward, mambo step

- 2&3 Cross LF behind RF, step RF right, cross LF in front of RF
- 4&5 Rock RF right, recover to LF, cross RF in front of LF
- 6,7 Turn 1/4 right stepping LF back, turn 1/2 turn right stepping RF forward
- 8&1 Rock LF forward, recover to RF, step LF back

[18-25] Run backwards, coaster step, lock, step 1/4, cross mambo side

- 2&3 Run backwards RLR
- 4&5 Step LF backwards, step RF beside LF, step LF forward
- 6,7 Lock RF behind LF, turn 1/4 left stepping LF forward
- 8&1 Rock RF in front of LF, recover to LF, step RF right

[26-33] Cross, mambo side, cross mambo 1/4 turn, lock 1/4 step, rock recover sweep

- 2&3 Cross LF over RF, recover to RF, step LF left
- 4&5 Cross RF over LF, recover to LF, turn 1/4 right stepping RF forward
- 6,7 Lock LF behind RF, turn 1/4 right stepping RF forward
- 8,1 Rock LF forward, recover to RF while sweeping LF front to back

[34-41] Behind, side, cross, rock and cross, rock and cross, step 1/2 turn, slide

- 2&3 Step LF behind RF, step RF right, cross LF over RF
- 4&5 Rock RF right, recover to LF, cross RF over LF
- 6&7 Rock LF left, recover to RF, cross LF over RF
- 8&1 Step RF forward, turn 1/2 turn left stepping LF forward, slide RF right

[42-48] Behind, side, cross, pressure step with backwards slide, behind, side cross, cross rock, recover

- 2&3 Cross LF behind RF, step RF right, cross LF over RF
- 4,5 Rock RF to right diagonal, recover to LF while sliding LF back
- 6,7 Cross RF behind LF, step LF left
- 8& Rock RF over LF, recover to LF

Start again and enjoy this wonderful piece of music!