The Rattlin Bog



Compte: 48 Mur: 4 Niveau: Phrased Intermediate

Chorégraphe: Ole Jacobson (DE) & Nina K. (DE) - October 2023

Musique: The Rattlin Bog (Remix) (Radio) - Donegal Disko



Sequence: AA,BB,TAG,AAA,BB,TAG,TAG,TAG, AAA,BB,AA

Note: The dance begins after 32 Beats

A (32 counts)

[1-8] heel & touch, back & heel & heel & rock across, recover, side, recover

1&2 Tap R heel diagonally in front - Place RF next to LF - Tap L toe behind R toe

&3 Place LF in place - Tap R heel forward&4 Place RF next to LF - Tap L heel forward

&5,6 Place LF next to RF - Cross RF over LF, lift LF slightly - Weight back to LF

7,8 RF step to the right, lift LF slightly - Weight back to LF

[9-16] sailor step, sailor turning 1/4 I, step, hitch, coaster-step

1&2 Cross RF behind LF – LF step to the left – RF step to the right

3&4 Cross LF behind RF - ¼ L turn - RF step to the right - LF step forward

5,6 RF step forward - Lift L-knees

7&8 LF step back - Place RF next to LF - LF step forward

[17-24] side, recover, behind, side, cross, recover, chasee

1,2 RF step to the right, lift LF slightly - Weight back to LF

3,4 Cross RF behind LF - LF step to the left

5,6 Cross RF over LF, lift LF slightly - Weight back to LF

7&8 RF step to the right - Place LF next to RF - RF step to the right

[25-32] cross, side, back, recover, hinge ½ turn r, schuffle across

1,2 Cross LF over RF - Step RF to right

3,4 Cross LF behind RF, lift RF slightly - weight back to RF

5,6 ½ turn R to RF, LF step back - ¼ turn R to LF, RF step to the right

7&8 Cross LF over RF – Place RF next to LF – Cross LF over RF (Weight on LF)

B (16 counts)

[01-08] point, hold (r+l), together, toe-switches (r+l) toe cross

1,2 Tap RF to the right – Hold & RF place next to LF Tap LF to the left – Hold

& LF place next to RF

5&6 Tap RF in front - Place RF next to LF - Tap LF in front

& Place LF next to RF

7,8 Tap RF forward - Cross RF in front of LF (only touch the toe of your foot)

[09-16] shuffle fwd, step 1/4 turn r, cross, hold, sideshuffle across

1&2 RF step forward - Put LF next to RF - RF step forward

3,4 LF step forward – ¼ turn R 5,6 Put LF in front of RF – Hold

&7 RF small step to the right - Put LF in front of RF

&8 RF small step to the right - Put LF in front of RF (Weight on LF)

TAG:

kick,ball, cross

Finish: After the last A, stomp RF forward

Last Update - 11 Oct. 2023 - R1