

# I'm Trapped

**COPPER KNOB**  
STEPSHEETS

Compte: 32

Mur: 1

Niveau: High Beginner

Chorégraphe: Bella Jung (KOR) - October 2023

Musique: Trap - HENRY



## NO RESTART / 1 EASY TAG

Start dance on the part "in a cage" after "like a kitty"

### SECTION I. ( Walk, Walk, Fwd Rock- Recover, Back, Coaster step, Toe point, Swivel )

- 1-2 Step R forward, Step L forward,
- 3&4 R forward, Recover Back onto L, R backward
- 5&6 Step L back , Step R next to L, Step L forward
- 7&8 Point R Toe forward and Swivel(&), Recover

### SECTION II. ( Side Rock- Recover, Together, Side Rock- Recover, Together, Forward Rock- Recover, Together, Coaster step )

- 1&2 Step R side, L recover, Step R next to L
- 3&4 Step L side, R recover, Step L next to R
- 5&6 Step R forward, L recover, Step R next to L
- 7&8 Step L back , Step R next to L, Step L forward

### SECTION III. ( Heel Switches, Side point, Together, Side Point, Together, Coaster step, Fwd, Sweep, Hitch )

- 1&2& Heel R forward, recover, Heel L forward, recover
- 3&4& Toe R side, recover, Toe L side, recover
- 5&6& Step R back , Step L next to R, Step R forward, Step L forward (&)
- 7-8 Sweep L Turn ¼ facing (9:00), Hitch R

### SECTION IV. ( Cross Rock- Recover Side 2x , Jazz Box )

- 1&2 Step R forward diagonal, Recover on L, Step R backward diagonal
- 3&4 Step L forward diagonal, Recover on R, Step L backward diagonal
- 5-6 Cross R forward, Step L backward ¼ facing (12:00)
- 7-8 Step R side, Cross L forward

### TAG: During Wall 7, after Section 2 (Heel Switches, Point Switches)

- 1& 2& Heel R forward, recover on R , Heel L forward, recover on L
- 3& 4& Touch R toe, recover on R , Touch L toe, recover on L

Contact : Bella Jung / sjfam1119@gmail.com