

# For Me

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner

**Chorégraphe:** Georgie Mygrant (USA) - October 2023

**Musique:** For Me - George Stephenson & Lee James



**Intro: 32 counts (start routine with the heavy beat)**

## **Touch Lock Step R, then L**

- 1-4 Touch R Toe fwd. R side, Step R to center, Step on L
- 5-8 Step R fwd. diagonally, Step L to R, Step R fwd. diagonally, Touch L to R
- 1-4 Touch L Toe fwd. L side, Step L to center, Step on R
- 5-8 Step L fwd. diagonally, Step R to L, Step L fwd. diagonally, Touch R to L

## **Rocking Chair, Jazz Box ¼ R**

- 1-4 Step R fwd. Step back on L, Step back on R, Step L fwd.
- 5-8 Step R over L, Step back on L turning ¼ R, Step on E, Step on L

## **Cross R over L, Cross L over R**

- 1-4 Cross R over L, Step back on L, Step on R, touch L
- 5-8 Cross L over R, Step back on R, Step on L, Touch R

That's it! Another easy one for beginners. A little peppy, but easy. Please let me know if you like it.  
That's the only way I know if anyone is looking at my routines. All I ask is that you don't alter the routine without my permission.

Thank you, Georgie

You can contact me at [mygeo@adamswells.com](mailto:mygeo@adamswells.com) or [mygrant@gmail.com](mailto:mygrant@gmail.com)

Please feel free to contact me if you have any questions.