Cinta Hampa



Compte: 64 Mur: 2 Niveau: High Beginner Chorégraphe: Elisabeth HS (INA) & Rima Yuliastuti (INA) - November 2023

Musique: Cinta Hampa - Dewi Yull



Restart on wall 3 and 5 after 32 count

Section 1: TOE STROUT. TOE STROUT, ROCKING CHAIR

1-2 rf touch forward, rf down
3-4 If touch forward, If down
5-6 rock rf forward, recover on If
7-8 rock rf backward, recover on If

Section 2: REPEAT section 1

Section 3: CROSS RECOVER, SIDE RECOVER, CROSS, RECOVER, SHUFFLE RIGHT

1-2 rf rock cross over lf, recover on lf
3-4 rf rock to right side, recover on lf
5-6 rf rock cross over lf, recover on lf

7&8 shuffle to right on rf- lf- rf

Section 4: CROSS, RECOVER, SIDE, RECOVER, CROSS, RECOVER SHUFFLE TO LEFT

1-2 If rock cross over rf, recover on rf
3-4 If rock to left side, recover on rf
5-6 If rock cross over rf, recover on rf

7&8 shuffle to left on If-rf-If

Section 5: STEP TO RIGHT, STEP TO LEFT

step rf to right, If next to rf
step rf to right, If touch next to rf
step If to left, rf next to If
step If to left, rf touch next If

Section 6: TURN 1/4 TO LEFT, CROSS SHUFFLE, SIDE, RECOVER, CROSS SHUFFLE

1-2 rf 1/4 turn to left, body weight on lf (9 o'clock)

3&4 rf cross over lf, lf to left, cross rf over lf

5-6 rock If to left side. recover on rf

7&8 cross If over rf, rf to right, If cross over rf

Section 7: PADDLE 1/16 4 TIMES

1-2 rf turn 1/16 to left, body weight on lf 3-4 rf turn 1/16 to left, body weight on lf 5-6 rf turn 1/16 to left, body weight on lf

7-8 rf turn 1/16 to left, body weight on lf (6 o'clock)

Section 8: JAZZBOX, HIPBUMPS TO RIGHT TWICE, HIPBUMPS TO LEFT TWICE

1-2 rf cross over lf, lf step back
3-4 step rf to side, lf next to rf
5&6 hipbumps to right side rlr
7&8 hipbums to left side lrl

Thank you happy dancing all

