Put One Foot in Front of the Other

Compte: 32	**Mur:** 2	**Niveau:** Absolute Beginner

Chorégraphe: Rhonda Johnson (CAN) - November 2023

Musique: Put One Foot in Front of the Other from the soundtrack to Santa Claus is Coming to Town

Comments: The tag corresponds to a dramatic change in tempo @ 2:10 –
The lyrics tell you what to do! Even first time dancers have a lot of fun with this dance. Enjoy!

[1-8] Section 1: Walk Forward, Kick, Walk Back x 2, Triple Step
1,2,3,4   Walk forward (R,L,R) kick L
5,6,7&8   Walk back (L,R), triple step (L,R,L)

[9-16] Section 2: Walk Forward, Kick, Walk Back x 3, Touch
1,2,3,4   Walk forward (R,L,R) kick L
5,6,7,8   Walk back (L,R,L), touch R

[17-24] Section 3: Repeat Section 1
1,2,3,4   Walk forward (R,L,R) kick L
5,6,7&8   Walk back (L,R), triple step (L,R,L)

[25-32] Section 4: Jazz Box ¼ Turn x 2
1,2,3,4   Cross R over L, step back on L, step R ¼ turn, step L together
5,6,7,8   Cross R over L, step back on L, step R ¼ turn, step L together

Tag: On wall 7, facing 12:00, there is a dramatic change in tempo for 32 counts. Do the following steps as a tag. The rhythm is irregular but can be broken down as follows – it's slow and easy to follow. You can then restart the dance. If you add two additional ¼ turn jazz boxes at the end you will finish facing 12 o'clock. Have fun!

Tag Section 1: Cross forward, hold, Cross forward, hold, Rock forward
1,2,3   Cross R in front of L, hold for two counts
4,5,6   Cross L in front of R, hold for two counts
7,8   Rock forward on R, recover on L

Tag Section 2: Cross behind, hold, Cross behind, hold, Teeter
1,2,3   Step R behind L, hold for two counts
4,5,6   Step L behind R, hold for two counts
7&8   Holding your position, and with arms outstretched, tilt body to left, right, left

Tag Section 3: Repeat Section 1 of tag
1,2,3   Cross R in front of L, hold for two counts
4,5,6   Cross L in front of R, hold for two counts
7,8   Rock forward on R, recover on L

Tag Section 4: Full turn walk around for 8 counts
1-8   Over your right shoulder, walk around in a full circle for 8 counts