

I Adore You (Hold Me)

Compte: 32

Mur: 4

Niveau: Beginner



Chorégraphe: Steve Cavanaugh (USA) - January 2024

Musique: Hold Me - Fleetwood Mac : (Album: Greatest Hits)

ou: Adore You - Harry Styles

ou: You're My Everything (Rumba / 25 Bpm) - Ballroom Orchestra & Singers

ou: It Must Be Love - Don Williams

Dedicated to Tina & Dave

Note: Partners can dance this in standard partner dance hold, facing each other. Man's Right Hand on Lady's Shoulder Blade, Lady's Left Hand resting on Man's Right Upper Arm, Man's Left Hand in Lady's Right Hand, held at shoulder height. Steps as described are Leader's steps, follower's steps are opposite (Start with Left to Side, Right together, Left Back, Hold)

[1-8] RUMBA BOX

1-4 Step Right to side, Step Left together, Step Right Forward, Hold

5-8 Step Left to Side, Step Right together, Step Left Back, Hold

[9-16] REVERSE RUMBA BOX

1-4 Step Right to Side, Step Left together, Step Right Back, Hold

5-8 Step Left to Side, Step Right Together, Step Left Forward, Hold

[17-24] STEP SIDE & TOUCH 4X (QUARTER TURN RIGHT)

1-4 Step Right to Side with slight turn to Right, Touch Left Beside Right, Step Left to Side with Slight Turn to Right, Touch Right Beside Left

5-8 Repeat 1-4

[25-32] SIDE MAMBOS

1-4 Rock Right to Side, Recover on Left, Step Right Beside Left, Hold

5-8 Rock Left to Side, Recover on Right, Step Left Beside Right, Hold

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