Simple Man

Compte: 32

Niveau: Intermediate

Chorégraphe: Diana Liang (CN) - January 2024

Musique: Simple Man - Robert Randolph & The Family Band

Intro 16	
1&2 3&4 5&6&	orward Side Rock, Cross Rock, Vine, Point, 1/4 in Place, 1/4 Side step Rf back, step Lf together, step Rf forward Lf forward, rock Rf to R side, recover to Lf cross Rf over Lf, recover to Rf, step Rf to R side, cross Lf over Rf
7&8&	step Rf to R side, point Lf to L side, turn 1/4 to L Lf in place, 9H, turn 1/4 to L stepping Rf to R side, 6H
S2: Modified Sailor LR, Back Sweep LR, 1/4L Side, 1/4R, 5/8R, 1/2R, Forward	
1&2	step Lf behind, rock Rf to R side, recover to Lf
&3&	step Rf behind, rock Lf to L side, recover to Rf
Restart here during W3 after replacing 3& with stepping Lf to L side, touch Rf next to Lf, facing 12H	
4-5	step Lf back sweeping Rf from front to back, step Rf back sweeping Lf from front to back
6-7	turn 1/4L stepping Lf to L side, 3H, turn 1/4R stepping Rf in place, 6H
&8&	turn 5/8R stepping Lf back, 1:30H, turn 1/2R stepping Rf forward, 7:30H, step Lf forward
S3: Heel Strut RL,1/2R Pivot, Forward, Prissy Walk LR, 1/8R Rock Recover, Cross	
1&2&	touch Rf heel forward, put down Rf toes, touch Lf heel forward, put down Lf toes
3&4	step Rf forward, turn 1/2L step Lf in place, 1:30, step Rf forward
Restart here after adding an & count to turn 1/8R stepping Lf next to Rf, during W6, facing 9H	
5-6	step Lf forward slightly cross over Rf, step Rf forward slightly cross over Lf
7&8	turn 1/8R rocking Lf to L side, 3H, recover to Rf, cross Lf over Rf
Ends here during W7 after adding a full R unwind, facing 12H	
S4: Diagonal Shuffle Scuff RL, Syncopated Jazz-box, Bounces1/2R, Kick	
1&2&	step Rf to R diagonal forward, step Lf next to Rf, step Rf to R diagonal forward, scuff Lf forward
3&4&	step Lf to L diagonal forward, step Rf next to Lf, step Lf to L diagonal forward, scuff Rf forward
5&6&	cross Rf over Lf, step Lf back, step Rf to R side, step Lf forward
7&8&	turn 1/6R bouncing x 3 time, 9H, kick Rf forward
Thanks for watching and Happy Dancing!	

Contact: procankm@hotmail.com

Last Update: 20 Jan 2024





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Mur: 3

Nivea