| Lie To | |
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| Chorégraph | te: 48 Mur: 2 Niveau: Intermediate ne: Aleigha Elston (USA) - January 2024 Intermediate Intermediate ue: Lie to Me - MIKOLAS Intermediate Intermediate |
| | R - STOMP - HEEL FLICK L - TRIPLE LRL ¼ TURN - STEP R - KNEE POPS - TRIPLE RLR ½ |
| TURN | R - STOMP - HEEL FLICK L - TRIPLE LRL /4 TORN - STEP R - RNEE FOFS - TRIPLE RLR / |
| 1&2& | (1) Scuff RF, (&) Stomp RF to R, (2) Swivel L Heel out, (&) Bring L Heel in |
| 3, &4 | (3) Step LF to L, (&) Step RF to LF, (4) Step LF to L making ¼ turn |
| 5, &6 | (5) Step RF forward, (&) Pop both knees lifting heels off the ground, (6) Bring heels back down |
| 7, &8 | (7) Step RF to R making ¼ turn, (&) Step LF to RF, (8) Step RF to R making ¼ turn |
| [9-16] PIVOT | ½ TURN (x2) - CROSS AND HEEL ¼ TURN - CROSS AND HEEL |
| 1, 2 | (1) Step LF forward, (2) Pivot ¹ / ₂ Turn R taking weight on RF |
| 3, 4 | (3) Step LF forward, (4) Pivot ½ Turn R taking weight on RF |
| 5&6& | (5) Cross LF over R making ¼ Turn L, Step RF to R making ¼ Turn L, (6) Touch L Heel Forward, (&) Step LF next to R |
| 7&8 | (7) Cross RF over LF, (&) Step LF to L, (8) Touch R Heel forward |
| **RESTART | HERE ON THE 5TH WALL FACING 12:00** |
| | MP R - HEEL SWIVELS ¼ TURN - COASTER - KICK R - STEP R - TOUCH L - ½ TURN L WIT T BACK - ½ TURN R WITH L TOE POINT BACK |
| 1, 2 | (1) Stomp RF next to LF, (2) Swivel both heels making ¼ Turn L keeping weight on the balls of feet |
| 3, &4 | (3) Step LF back, (&) Step RF next to LF, (4) Step LF forward |
| 5&6& | (5) Kick RF forward, (&) Step onto RF, (6) Touch LF behind RF (&) Step back on LF Turning ½ turn L |
| 7&8 | (7) Point R toe behind, (&) Step back on RF turning ½ Turn R, (8) Point L toe behind |
| [25-32] ½ TU | RN L - ¼ L - WEAVE - BOUNCE R - BOUNCE L - OUT R - OUT L - IN R - IN L |
| 1, 2 | (1) Step back on LF making ½ Turn L, (2) Step RF to R making ¼ Turn L |
| 3, &4 | (3) Step LF behind RF, (&) Step RF to R, (4) Cross LF over RF |
| &5&6 | (&) Step RF to R, (5) Touch LF to R, (&) Step LF to L, (6) Touch RF to L |
| &7&8 | (&) Step RF to R, (7) Step LF to L, (&) Step RF in, (8) Step LF to R |
| [33-40] PAD[RL | DLE ¾ TURN R - CROSS - ROCK - RECOVER - TOUCH R BEHIND L - ¾ SPIN ON L - WALK |
| 1&2& | (1) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R, (2) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R |
| 3&, 4 | (3) Keeping weight on RF point L toes to L side, (&) Push off LF into ¼ Turn R, (4) Cross LF over R |
| 5&, 6 | (5) Rock RF to R, (&) Recover weight to LF, (6) Touch RF behind LF |
| &7, 8 | (&) Push off R toe creating momentum to Spin ¾ Turn R on LF while lifting up RF to prep for taking a step forward, (7) Step RF Forward, (8) Step LF Forward |
| [41-48] ROCI BUMP | K - RECOVER - KICK - STEP - ROCK - RECOVER - KICK - STEP - POINT R - DRAG - HIP |
| 1&2& | (1) Rock RF to R, (&) Recover weight to LF, (2) Kick RF forward, (&) Step RF forward |
| 3&4& | (3) Rock LF to L, (&) Recover weight to RF, (4) Kick LF Forward, (&) Step LF Forward |
| 5 | (5) Point RF to R |
| | you have to option to hand down by handing laft know, or fully go down and hair flip on the 6 |

For styling, you have to option to bend down by bending left knee, or fully go down and hair flip on the 6 count coming up

6,7&8