

# My Stupid Heart

**COPPER** KNOB  
STEPSHEETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** Elisabeth HS (INA) & Retno Ernawati (INA) - February 2024

**Musique:** My Stupid Heart (HUTS Remix) - Walk Off the Earth



**No Tag, No Restart**

## **Section 1 WALK, WALK SHUFFLE FORWARD, STEP FORWARD RECOVER, 1/2 TURN LEFT SHUFFLE FORWARD**

- 1 - 2                step rf , lf
- 3&4                shuffle forward on rf, lf, rf
- 5 - 6                step lf forward, recover on rf
- 7&8                1/2 turn left, shuffle forward on lf, rf, lf (6 o'clock)

## **Section 2 1/4 TURN LEFT, HOLD, STEP, TOUCH, 1/4 TURN LEFT 1/4 TURN LEFT, BACK , SIDE , CROSS**

- 1 - 2&                1/4 turn left on rf, hold, lf next to rf
- 3 - 4                rf to right, lf touch next to rf
- 5 - 6                1/4 turn left lf forward, 1/4 turn left rf to right,
- 7&8                lf behind rf, rf to right, lf cross over rf (3 o'clock)

## **SECTION 3 HIP BUMP UP DOWN UP, BEHIND SIDE CROSS RL**

- 1 &2                Touch RF diagonal forward & bump R hip up, bump R hip down, bump R hip up
- 3 &4                Step RF behind LF, step LF to L, cross RF over LF
- 5 &6                Touch LF diagonal forward, bump L hips up, bump R hips down, bump L hip up
- 7 &8                Step LF behind RF, step RF to R, cross LF over RF

## **SECTION 4 STEP FORWARD, SAILOR 1/2 TURN R, SIDE TOUCH, KICK BALL CHANGE**

- 1 - 2                Rock RF forward , recover onto LF
- 3 &4                Step RF behind LF Turn 1/2 R, step LF to L, step RF to R
- 5 - 6                Step LF to L, touch RF next to LF
- 7 &8                Kick RF forward, step RF next to LF, close LF next to RF

**Finish enjoy, happy dancing**

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