

# Not Alone

Compte: 64

Mur: 2

Niveau: High Improver

Chorégraphe: Tobias Jentzsch (DE) - March 2024

Musique: know that you're not alone - Cat Burns



**Intro: 8 counts**

**side,behind,side,cross,side,hold,back rock**

- 1-2 RF to the right side,LF behind RF
- 3-4 RF to the right,LF cross over RF
- 5-6 RF to the right,hold
- 7-8 LF step back recover on right

**side,behind,side,cross,side,hold,back rock**

- 1-2 LF to the left,RF behind RF
- 3-4 LF to the left,RF cross over LF
- 5-6 LF to the left,hold
- 7-8 RF step back,recover on left

**(restart here on wall 5 in facing 6:00)**

**2x ¼ right Monterey turn**

- 1-2 RF point to the right side, ¼ turn right stepping right on LF(3:00)
- 3-4 LF point to the left side,LF stepping on RF
- 5-6 RF point to the right side, ¼ turn right stepping right on LF(6:00)
- 7-8 LF point to the left side,LF stepping on RF

**side,close,side,touch r+l**

- 1-2 RF step to the right side,LF stepping on RF
- 3-4 RF step to the right,LF touch on RF
- 5-6 LF step to the left side,RF stepping on LF
- 7-8 LF step on the left side,RF touch on LF

**(restart here on wall 2 in facing 6:00)**

**walk r+l+r,kick/clap,back l+r+l,touch**

- 1-2 RF step forward, LF step forward
- 3-4 RF step forward,LF kick forward with clap
- 5-6 LF step back,Rf step back
- 7-8 LF step back,RF touch on LF

**step,swivel-heel-toe,tap, r+l**

- 1-2 RF step to the side,LF twist heel in
- 3-4 LF twist toe in, LF touch on RF
- 5-6 LF step to the left,RF twist heel in
- 7-8 RF twist toe in,RF touch on LF

**side,behind,1/4 turn r,hold,step,1/2 turn r,1/4 turn r,kick**

- 1-2 RF step to the right side,LF behind right
- 3-4 RF stepping forward make a ¼ turn right(9:00),hold
- 5-6 LF step forward make a ½ turn right(3:00) weight is on RF
- 7-8 ¼ turn right with LF stepping to the left side,RF kick diagonally right

**behind,side,cross,kick,behind,side,cross-shuffle**

- 1-2 RF behind left,LF to the left side

3-4 Rf cross over left,LF kick diagonally left  
5-6 LF behind right,Rf to the right side  
7&8 LF cross over right,RF step to the right,LF cross over right

**Tag end of wall 3 in facing 6:00**

**side,behind,side,scuff,side,1/4 turn l,scuff with 1/4 turn l**

1-2 RF to the right side,LF behind RF  
3-4 RF to the right,scuff LF on right  
5-6 LF to the left,RF behind RF  
7-8 1/4 turn left with stepping LF forward(3:00), 1/4 turn left with RF scuff on left(12:00)

**start again and have fun**

**Email: Tobiasjentsch90@web.de**

---