No Sailor Anymore

Compte: 32

Niveau: Beginner

Chorégraphe: Dianne Borg (AUS) - March 2024

Musique: The Last Shanty (Quarterhead Remix) - Nathan Evans

No tags, No	restarts
Intro 32 counts, start on the word Don't	
Section 1. S	tep Forward, Hold, Ball Step, Scuff, Rock Recover, Shuffle Back
1,2&3,4	Step Fwd RF, Hold, Ball Step LF next to RF, Step RF Fwd, Scuff LF
5,6,7&8.	Rock Fwd on LF, Recover back onto RF, Step LF back, Step RF together, Step LF back
Section 2. D	iagonal Back Step, Touch, Step Fwd, Scuff, 1/4 Turning jazz box,
1-4.	Step RF back to R diagonal, Touch LF next to RF, Step LF fwd on L diagonal, Scuff RF forward.
5-8	Step RF over LF, Step LF back while turning 1/4 turn to the right (3 o'clock), Step RF to R side, Step LF next to RF (You can give the jazz box a bit of attitude or, optionally, can hop the 4 steps)
Section 3. S	tep Side, Hold, Ball, Side Touch, Rock Back, Recover, Shuffle Left.
1,2&3,4.	Step R to right side, Hold, Ball step LF next to RF and step RF to the side, Touch LF next to RF.
5,6,7&8.	Rock back on LF, Recover onto RF, Step LF to left side, Step RF next LF, Step LF to left side.
Section 4. F	orward Hitch, Back Hitch, Back Hook, Forward Scuff.
1-4.	Step RF forward, Hitch L knee in front, Step LF back, Hitch R knee.
5-8.	Step the RF back, Hook the L leg across the R leg, Step LF forward, Scuff RF next to the LF

The dance finishes on wall 9 facing 3 o'clock, you can turn last step of the last section to 12 o'clock and stomp on last step.

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Submitted by: Matt Coleman - Email: aligneddance@gmail.com





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