It Only Took a Minute



Compte: 32 Mur: 2 Niveau: High Beginner

Chorégraphe: Sabina Frisk (SWE) - 21 February 2024

Musique: It Only Took a Minute for My Country to Love Country - Jill Johnson



Start after 16 counts with weight on L

[1-8], Step R fwrd L behind R Swivel heels out, in. L rock fwrd recover 1/4 L chasse.

1-4 (1)R fwrd (2) L Behind R (3) swivel bouth heels out (4) swivel both heels in. Keep weight on

R

5-7 &8 (5) L Rock fwrd (6) recover on R, (7) turn 1/4 to L looking 21:00, L to side (&) R next to L (8) L

to left.

[9-16] R heel grind ball, L heel grind ball, Step Flick back R costerstep

1,2&3,4& (1) R Heel to floor (2) twist toes out (&) ball (3) L heel to floor (4) twist toes out (&) ball

5&6 7&8 (5)R frwd (&) L flick behind R (6) L back (7) R back (&) L back (8) R fwrd

[17-24] Walk, walk, shuffle, walk, walk, shuffle

1,2,3&4 (1) L Fwrd (2) R fwrd (3) L fwrd (&) R next to L (4) L fwrd 5,6,7&8 (5) R fwrd (6) L fwrd (7) R fwrd (&)L next to R (8) R fwrd

[25-32] Side rock, behind side cross, side rock hinge turn to L

1,2,3&4 (1)Rock L To L (2) recover on R (3) L behind R (&) R to R (4) L cross over R

5-8 (5) rock R To R (6) recover on L (7) R behind L (8) Turn ¼ L, step L fwrd Looking 18.00

(Optional) Ending on (29) R to R Side (30)Turn L 1/4 facing 12:00