Sexy Lady Easy



Compte: 32 Mur: 2 Niveau: Easy Beginner

Chorégraphe: Shanthie De Mel (AUS) - March 2024

Musique: Sexy Lady - John West & Lange Frans



Begin: 32 Count musical Intro. Start on vocals.

(1-8) PRISSY WALK. HOLD.

1, 2	Cross R over L with both hands on hips & shoulders to right diagonal. Hold.
3, 4	Cross L over R with both hands on hips & shoulders to left diagonal. Hold.
5, 6	Cross R over L with both hands on hips & shoulders to right diagonal. Hold.
7, 8	Cross L over R with both hands on hips & shoulders to left diagonal. Hold. (12:00)

(9-16) SHIMMY RIGHT & LEFT. TOUCH. HOLD.

1, 2	Sten R to	right shimming	shoulders
1. 4		HIGHL SHIHHIIIII	onounders.

- 3, 4 Touch L to R. Hold.
- 5, 6 Step L to left shimming shoulders.
- 7, 8 Touch R to L. Hold. (12:00)

(17-24) STEP BACK WITH HIP BUMP. TOUCH. HOLD.

1, 2	Step R back diagonally to right bumping right hip twice. Right hand on hip.
1, _	Olop it back diagonally to right building high hip twice. Itight hand on hip.

- 3, 4 Touch L to R. Hold.
- 5, 6 Step L back diagonally to left bumping left hip twice. Left hand on hip.
- 7, 8 Touch R to L. Hold. (12:00)

(25-32) MAMBO BACK. PADDLE RIGHT.

1, 2	Rock R back. Recover L.
3. 4	Step R together, Hold.

- 5, 6 Step L forward. Turn 1/4 right on R. (3:00)
- 7, 8 Step L forward. Turn 1/4 right keeping weight on L. (6:00)

Smile! Dance with attitude! Have fun!