Never Be Lonely

Niveau: Beginner

Chorégraphe: Esmeralda van de Pol (NL) - March 2024

Compte: 32

Mur: 2





Intro: 16 counts

STEP FWD -STEP TOGETHER, KNEE BEND, STEP FWD-STEP TOGETHER, KNEE BEND

- Step RF diagonal fwd facing 10.30, Step LF next to RF 1-2
- 3-4 bend both knee up, bend both knee up-weights on RF
- 5-6 Step LF diagonal fwd, step RF next to LF facing 1.30
- 7-8 bend both knee up, bend both knee up-weight on LF

HEEL GRIND ¼ TURN R, BACK ROCK, HEEL GRIND ¼ TURN R, BACK ROCK

- 1-2 Touch R heel fwd with toes facing in, swivel toes out while turning 1/4 R-weight on LF 03.00
- 3-4 Rock RF back, Recover weight on LF
- 5-6 Touch R heel fwd with toes facing in, swivel toes out while turning 1/4 R-weight on LF 06.00
- 7-8 Rock RF back, Recover weight on LF** restart wall 4

JAZZBOX, ROCKING CHAIR

- Cross RF over LF, Step LF back 1-2
- 3-4 Step RF to R side, Step LF fwd
- 5-6 Rock RF fwd, Recover weight on LF
- 7-8 Rock RF back, Recover weight on LF

OUT OUT, IN IN, SWAY TOUCH, SWAY TOUCH

- Step RF diagonal fwd, Step LF diagonal fwd 1-2
- 3-4 Step RF back to centre , Step LF next RF
- 5-6 Sway R Hip to R side, Touch LF next to RF
- 7-8 Sway L hip to L side, Touch RF next to LF

RESTART: Wall 4 after 16 counts

Dance With Esmeralda

dancewithesmeralda@gmail.com