La Isla Bonita

Compte: 32

Niveau: Improver

Chorégraphe: Juli Santoso Pikir (INA) - May 2024

Musique: La Isla Bonita (feat. Benedetta Caretta) - Petar Markoski

S-1. WALK R-L, BOTAFOGO (TO LEFT-RIGHT), ANCHOR

- 12 Step Walk RF - LF
- Cross LF over RF Ball of RF In place on LF 3&4
- 5&6 Cross RF over LF - Ball of LF - In place on RF
- 7&8 Cross LF behind RF - In plase on RF - In plase on LF

S-2. ¼ TURN L BACK UNWIND, CROSS SHUFFLE (TO RIGHT), ¼ TURN L BACK SHUFFLE, COASTER STEP

- 12 Cross touch LF behind RF - Make an ¹/₄ Turn L (09:00)
- 3&4 Cross LF over RF - Step RF to side - Cross LF over RF
- 5&6 1/4 Turn L Step RF back - Close LF beside RF - Step RF back (06:00)
- 7&8 Step LF back - Close RF beside LF - Step LF forward

S-3. HIP BUMP, HIP ROLL, HIP BUMP L-R-L, HIP BUMP

- 12 Bump Hip to R - Bump Hip to L
- 34 Roll hip back from L to R
- 5&6 Bump Hip to L - Bump Hip to R - Bump Hip to L
- 78 Bump Hip to R - Bump Hip to L

S-4. CROSS SHUFFLE (TO LEFT-RIGHT), MAMBO SIDE

- Cross RF over LF Step LF to side Cross RF over LF 1&2
- Cross LF over RF Step RF to side Cross LF over RF 3&4
- Step RF to side In place on LF Close RF beside LF 5&6
- 7&8 Step LF to side - In place on RF - Close LF beside RF

Happy Dance :

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