

Tension up Samba

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Header Kim (KOR) - July 2024

Musique: Come With Me - Ricky Martin



* INTRO: 16 counts

** NOTE: 1 Tag - 4 count Sway (After Wall 12)

*** 3 Restarts - 4, 9, 13 Wall, After Wall on 3 (8 count), 8 (8 count), 12 (16 count)

Sec 1: Samba Botafogos L - R - L - R

1 a 2 Step RF cross over LF, LF Side rock to L, Recover weight on RF
3 a 4 Step LF cross over RF, RF Side rock to R, Recover weight on LF
5 a 6
7 a 8 Step RF cross over LF, LF Side rock to L, Recover weight on RF
Step LF cross over RF, RF Side rock to R, Recover weight on LF

Sec 2: FWD Rock, Recover, Shuffle R 1/2 turn, Toe struts with Hip bumping

1 - 2 Step RF forward, Recover weight on LF
3 & 4 Step RF 1/4 turn to R (3:00), Step LF next to RF, Step RF forward 1/4 turn to R (6:00)
5 & 6 LF Toe touch forward, Hip bumping to L, Drop heel in place
7 & 8 RF Toe touch forward, Hip bumping to R, Drop heel in place

Sec 3: Samba Whisk L - R, Turning Volta L 1/2 turn

1 a 2 Step LF side rock to L, RF rock back behind LF, Recover weight on LF
3 a 4 Step RF side rock to R, LF rock back behind RF, Recover weight on RF
5 a Step LF forward 1/8 turn to L, RF behind LF
6 a Step LF forward 1/8 turn to L, RF behind LF
7 a Step LF forward 1/8 turn to L, RF behind LF
8 Step LF forward 1/8 turn to L (12:00)

Sec 4: R Side rock, Recover, Behind, FWD L 1/4 turn, FWD, Point, Flick R 1/2 turn, FWD Shuffle

1 - 2 Step RF side rock to R, Recover weight on LF
3 & 4 Step RF cross behind LF, LF forward 1/4 turn to L (9:00), Step RF forward
5 - 6 Step LF point forward, LF Flick 1/2 turn to R
7 & 8 Step LF forward, Step RF behind LF, Step LF forward

Enjoy dance with me and have a fun!!!

Contact: haeder@hanmail.net