# Don't You Worry Mama

Niveau: Low Intermediate

Chorégraphe: Sheila Kenny (USA) - July 2024

Compte: 56

Musique: Don't You Worry 'Bout a Thing - Stevie Wonder

## #8 ct Intro. No Tags 1 Restart - Dance will start on Intro

#### Sec. 1 Lock Steps, Cross Shuffles, Side Rock

- Step RF forward on Right diagonal (1:00), Cross LF behind RF, Step RF forward 1&2
- 3&4 Step LF forward on Left diagonal (11:00), Cross RF behind LF, Step LF forward
- 5&6 Cross RF over LF, Keeping LF behind RF, Step LF next to RF staying on ball of LF, Step RF to Left side staying crossed over LF
- & 7 Rock LF to Left side. Recover on RF
- & 8 & Cross LF over RF, Keeping RF behind LF, Step RF next to LF staying on ball of RF, Step LF to Right side staying crossed over RF

# Sec. 2 Switchback, Step Turns, Forward Shuffle, Pivot Turn

- 1/4 turn Right, Stepping RF forward (3:00), 1/2 turn Right stepping back on LF (9:00) 1,2
- 3 Step RF forward (9:00)
- 4&5 Step LF forward, Step RF next to LF, Step LF forward
- 6.7 <sup>1</sup>/<sub>2</sub> Pivot turn Left stepping RF forward, Recover on LF (3:00)
- 1/4 turn Left stepping RF forward (12:00) 8

### Restart Wall 4 (Right toe touch Step 8)

### Sec. 3 Samba Whisks x 2, 1/4 Pivot x 2

- 1&2 Cross and step ball of LF behind RF, Recover on RF, Step LF to Left side
- Cross and step ball of RF behind LF, Recover on LF, Step RF to Right side 3&4
- 5,6 <sup>1</sup>/<sub>4</sub> Left pivot turn stepping RF forward, Recover on LF (9:00)
- 1/4 Left pivot turn stepping RF forward, Recover on LF (6:00) 7,8

# Sec. 4 Rock/Recover, Coaster, ½ Pivot Turn

- Rock RF forward, Recover on LF (6:00) 1.2
- 3&4 Step back on RF, Step LF next to RF, Step RF forward
- 1/2 pivot turn Right stepping LF forward, Recover on RF (12:00) 5.6
- 7,8 Rock LF forward. Recover on RF

#### Sec. 5 Lindy x 2

- 1&2 Step LF to Left side, Step RF next to LF, Step LF to Left side
- 3.4 Rock back on RF, Recover on LF
- 5&6 Step RF to Right side, Step LF next to RF, Step RF to Right side
- 7,8 Rock back on LF, Recover on RF

#### Sec. 6 Syncopated Rocking Chair x 2, 1/4 Pivot x 2

- 1&2& Step LF forward, Recover on RF, Step LF back, Recover on RF
- 3&4& Step LF forward, Recover on RF, Step LF back, Recover on RF
- 5.6 <sup>1</sup>/<sub>4</sub> Right pivot turn stepping LF forward, Recover on RF (3:00)
- <sup>1</sup>/<sub>4</sub> Right pivot turn stepping LF forward, Recover on RF (6:00) 7.8

# Sec. 7 Side Rock, Cross Rock, Step Turns, Coaster

- 1,2 Step LF to Left side, Cross RF over LF
- Recover on LF, <sup>1</sup>/<sub>4</sub> Turn Right stepping RF forward (9:00) 3,4
- 1/4 Turn Right stepping LF forward (12:00), Rock back on RF 5,6
- 7&8 Step back on LF, Step RF next to LF, Step LF forward





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Last Update: 21 Apr 2025