

# Highs & Lows EZ

**COPPER** KNOB  
STEPPERS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Maryse Fourmage (FR) - 14 September 2024

Musique: Highs & Lows - Matt Cooper



No Tag – No Restart

Start 0,12s approximately – 16 count

## [1-8] Walk, Walk, Kickx2, Hooock, Triple-Step, Step

- 1-2 Walk FW: R, L
- 3-4 R Kick FWx2
- 5-6& RF back with L Hooock over RF, LF FW, RF next to LF
- 7-8 LF FW, RF FW

## [9-16] ¼ L, Cross shuffle, Rock side, Chassé L, RF back

- 1-2& ¼ L (finish weight on LF), Cross RF over LF, LF to the L side
- 3-4 Cross RF over LF, LF to the L side
- 5-6& Recover to RF, LF to the L side, RF next to LF
- 7-8 LF to the L side, RF behind

## [17-24] Recover LF, Chassé R, Rock back, Step, ¼ R, Step FW

- 1-2& Recover to LF, RF to the R side, LF next to RF
- 3-4 RF to the R side, LF back
- 5-6 Recover to RF, LF FW
- 7-8 ¼ R (finish weight on RF), LF FW

## [25-32] ¼ R, Cross, Back, Side, Point, Point, Point, Touch

- 1-2 ¼ R (finish weight on RF), Cross LF over RF
- 3-4 RF back, LF to the L side
- 5-6 Point R FW, Point R tot the R side
- 7-8 Point R FW, Touch RF next to LF \*

Final : Jazz-Box ¼ R: 7-8&1 Cross RF over LF, LF back, Make ¼ R RF to the R side, LF FW

Smile et enjoy the dance

Contact: [maellynedance@gmail.com](mailto:maellynedance@gmail.com)