

# Cowboy Friends (Waltzolka)

**COPPER** KNOB  
STEPPERS

Compte: 82

Mur: 4

Niveau: Intermediate - Waltz / Polka  
Hybrid dance



Chorégraphe: Alison Metelnick (UK) & Peter Metelnick (UK) - November 2024

Musique: cowboy friends - Ella Langley

**\*1 to 4 wall Hybrid Line Dance. Intermediate Level. First, we waltz, then we polka & then back again!**

**Start after 12 count waltz on the words 'hate' of the lyric 'hate to break your buckle baby' – (approx. 6.9secs) – 2mins 59secs – 112bpm - Available: Amazon**

**Let's Waltz – 1 wall waltz – 48 counts**

**[1-6] L/R twinkles**

1-6 Cross step L over R, step R side, step L together, cross step R over L, step L side, step R together

**[7-12] ¼ L twinkle, R balance back**

1-3 Cross step L over R, step R side, turning ¼ left step L back

4-6 Step R back, step L together, step R slightly forward (9 o'clock)

**[13-18] ½ L balance step, R balance back**

1-3 Step L forward (extended 5th), turning ½ left step R back, step L back

4-6 Step R back, step L together, step R slightly forward (3 o'clock)

**[19-24] L/R twinkles travelling slightly forward**

1-3 Cross step L over R, step R side, step L slightly forward,

4-6 Cross step R over L, step L side, step R slightly forward

**[25-36] ¾ L waltz diamond ending facing back wall**

1-3 Turning towards right diagonal (4 o'clock) step L forward, step R together, L together

4-6 Turning ¼ left to face diagonal (1 o'clock) step R back, step L together, step R together

1-3 Turning ¼ left to face diagonal (11 o'clock) step L forward, step R together, step L together

4-6 Turning ¼ left to face diagonal (7 o'clock) step R back, step L together, step R to side and square to wall (6 o'clock)

**[37-42] L cross over, ½ R hinge turn, R twinkle**

1-3 Cross step L over R, turning ¼ left step R back, turning ¼ left step L side (12 o'clock)

4-6 Cross step R over L, step L side, step R together

**[43-48] Extended weave with point R to R side**

1-6 Cross step L over R, step R side, cross step L behind R, step R side, cross step L over R, point R side

**HOLD! It's time to Polka!**

**Let's Polka! 4 walls – 34 counts**

**Start after she says 'Saddle Up'....on the word 'UP'**

**[1-8] R chassé, L back rock/recover, L side, R sailor kick, R ball cross**

1&2 Step R side, step L together, step R side

3-4 Rock L back, recover weight on R

5-6&7 Step L side, cross step R behind L, step L side, R low kick forward

&8 Step R back, cross step L over R

**[9-16] R side and push off turning ¾ L with hitch, L fwd, R fwd shuffle, L fwd rock/recover, L coaster cross**

1-2 Step R side turning ¾ L hitching up L knee (3 o'clock), step L forward

3&4 Step R forward, step L together, step R forward  
5-6 Rock L forward, recover weight on R,  
7&8 Step L back, step R together, cross step L over R Page 1 of 2

**[17-24] R back, L heel fwd, hold, L back, R vaudeville, R ball cross, R side, L behind/R side/L cross**

&1-2 Step R back, touch L heel forward, hold  
&3&4 Step L back, cross step R over L, step L back, touch R heel forward  
&5-6 Step R back, cross step L over R, step R side  
7&8 Cross step L behind R, step R side, cross step L over R

**[25-32] R side rock/recover, R behind/L side/R cross, L side rock/recover, ½ L toaster**

1-2 Rock R side, recover weight on L  
3&4 Cross step R behind L, step L side, cross R over L  
5-6 Rock L side, recover weight on R  
7&8 Turning ½ left step L back, step R together, step L forward (9 o'clock)

**[33-34] Stomp forward R/L**

1-2 Stomp R forward, step L forward

**WALL 2: At the end of wall 2, facing the back wall OMIT counts 33-34. No Stomp! Stomp!**

**Polka To Waltz transition: After 4 walls of the polka, you will end facing front wall.**

**After stomping, step R side, point L side, hold – start on the word 'KNOW' when she sings – 'I KNOW this probably'**

**Complete the 1 wall waltz, then we go back into polka use the same music cue as earlier – start on the word 'UP' when she sings 'Saddle UP'**

**After the waltz it is Polka time once more – dance first 16 counts of the polka section to bring you to front wall then**

**add the following for your big finish:**

&1-2 Step R back, touch heel forward, hold  
&3-4 Step L back, touch R together, HOLD and strike a final pose.

**Have fun! It's a lot easier than you think!**

**Here is a resume of the walls:**

- Waltz – 48 counts (start on the word "hate")
  - Polka – 34 counts (start on the word "up")
  - Polka – 32 counts (omit "stomp, stomp")
  - Polka – 34 counts
  - Polka – 34 counts
  - Waltz – 48 counts (start on the word "know")
  - Polka – 34 counts (start on the word "up")
  - Polka – 16 counts
  - Add ending – 4 counts
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