Am I throwing you off?



Compte: 64 Mur: 3 Niveau: Phrased Intermediate

Chorégraphe: Kamryn Miller (USA), Brooke Andersen (USA) & Emma Wilkinson (USA) - 5

November 2024

Musique: Promiscuous - Nelly Furtado



No restarts or tags

Walls: 3 (Wall 12, 9 and 6)

Start In after they say "Didn't think so" (0:03) Sequence: A, A, B, B, A, A, B, B, A, A, B, B, A, A

Part A- 32 counts:

1-2	Walk forward R - L
1-/	vvaik forward R - L

3-4 Grind R heel (Start toe pointing to the L and ending pointing to the R)

5 & 6
Step back on R, step L to R, step across L with R
Step to the side with L and make a 1/4 turn CW (3:00)

8 Step back R and make a 1/2 turn CW (9:00)

(A2): L shuffle, Side step with a back hitch, Left 1/4 shuffle CCW, Sweep back,back

1 & 2	L shuffle: step forward on L, step R next to L, step forward on L
3-4	Step to the right with your R, take your L foot and kick behind you into a back hitch
5 & 6	Step to the side on L, step R next to L, step to the side on L but making a 1/4 turn

CCW(12:00)

7 Sweep backwards with your R ending with weight in your R foot

8 Sweep backwards with your L, cross L behind R with weight still being in your R foot

(A3): Behind side cross to the right, Step R with 1/4 CCW turn with a body roll , L coaster with a 2 step turn CCW

1 & 2	Continue the L sweep into a L behind R, step to the side with R, step across R with L
IαZ	Johnhae the L sweep into a L benind R, step to the side with R, step across R with L

3 Step to the side with your R and make a 1/4 turn CCW (9:00)

4 Body roll

5 & 6 Step back on L, step R to L, step forward on L

7-8 Step forward with your R making a 1/2 turn CCW (3:00), step back with your L and make a

1/2 turn CCW (9:00)

(A4): Rocking chair, Pivot turn Left, L step, 2 step half turn CW into a hitch

1 & 2	Rock R forward - Recover on	L, Rock R backward - Recover on L
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3 & 4 Step with R foot and Pivot 1/2 turn CCW (3:00)

5 & 6 Step forward with your R, step with your L making a 1/2 turn CW (9:00)

7 & 8 Hitch with your L foot and put weight in left at the end.

(When doing A the second time keep the hitch holding till 8 so you are able to slide left)

Part B - 32 counts: (starts facing 6:00)

(B1): Slide Left, R sailor, L sailor with a 1/4 turn CCW, 1/2 hitch turn CCW:

1 - 2	Using the foot from the L hitch, Slide to the L with weight ending in your L foot
1 - 2	OSITIA LITE TOOL ITOTTI LITE E TILLOTI. OTIAE LO LITE E WILLT WEIGHT ETIATIA ITI VOAL E TOOL

3 & 4 Cross R behind L, step L to side, step R to side

5 & 6 Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (3:00)

7 & 8 Step forward R and make a 1/2 turn CCW while your L makes a hitch (9:00)

(B2): Slide back on L, R coaster, Slide step diagonal up to the L, R, L (use your L arm and push it across your body to the R when going to the L and vice verse when going to the R)

1 - 2	Slide back on L foot		
3 & 4	Step back on R, step L to R, step forward on R		
5 - 6	Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)		
7 &	Step forward at a diagonal on R foot, slide L foot next to R (use your R arm and push it across your body to the L)		
8 &	Step forward at a diagonal on L foot, slide R foot next to L (use your L arm and push it across your body to the R)		
(B3): Slide R, 1.	/4 L sailor CCW, 1/2 turn CCW x3, step back with L		
1 - 2	Slide to the R		
3 & 4	Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (6:00)		
5	Step forward R and make a 1/2 turn CCW (12:00)		
6	Step back L and make a 1/2 turn CCW (6:00)		
7	Step forward R and make a 1/2 turn CCW (12:00)		
8	Step back with your L		
Alternate steps	for this 8 count: Slide R, 1/4 L sailor CCW, Walk R,L, 1/2 turn CCW, step back with L		
1 - 2	Slide to the R		
3 & 4	Cross L behind R, step R to side making a 1/4 turn CCW, step L to the side next to R (6:00)		
5 -6	Walk forward with R than L		
7	Step forward with R and make a 1/2 turn CCW (12:00)		
8	Step to the back with L		
(B4): R coaster	, step L, Step R with a 1/4 turn CCW, 1/2 turn CCW x2		
1 & 2	Step back on R, step L to R, step forward on R		
3 - 4	Step forward L than R but making a 1/4 turn CCW (9:00)		
5 - 6	Have weight in your R and make a 1/2 turn CCW (3:00) and end with weight in your L		
7 - 8	Have weight in your R and make a 1/2 turn CCW (9:00) and end with weight in your R		
(ends facing wall 2 (9:00))			
Note: When doing B (32 count) twice through, we will end up back on wall 12:00			

Last Update: 20 Feb 2025