Hey Ladies



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Auliana Purnamawati (INA) - December 2024

Musique: Hey Ladies - Avolia



Intro:

S1 TOE TOUCH, STEP IN PLACE, FORWARD ROCK STEP, COASTER STEP

Touch RF forward, Step RF in place
Touch LF forward, Step LF in place
Step RF forward, recover on LF

(Alternative: doing it with body wave)

7 & 8 Step RF backward, close LF next to RF, Step RF forward

S2 PIVOT R ½, SHUFFLE, PIVOT L ¼, CROSS SHUFFLE

1 2 Step LF forward, turn R ½ transfer weight to RF
3 & 4 Step LF forward, close RF next to LF, step LF forward
5 6 Step RF forward, turn L ¼ transfer weight to LF

7 & 8 Cross RF over LF, step LF slightly behind RF, cross RF over LF

S3 MONTEREY 1/4

1 2	Touch LF to L, turn L 1/4 while close LF next to RF
3 4	Touch RF to R, close RF next to LF
5 6	Touch LF to L, turn L 1/4 while close LF next to RF
7 8	Touch RF to R, close RF next to LF

S4 HIP ROLL, KICK BALL CHANGE

1 2	Step LF to L while doing back hip roll
3 4	Still doing hip roll than transfer weight to R, close LF next to RF
5 & 6	Kick RF forward, close RF next to LF, touch LF to L
7 & 8	Kick LF forward, close LF next to RF, touch RF to R

Tag after Wall 6

12	Touch RF in place, step RF in place
3 4	Touch LF in place, step LF in place