

# Shake Shake

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Heather Rowe (AUS) - January 2025

Musique: Shake Shake (All Night Long) - Mason Ramsey

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## Right step lock, step together step, left step lock, step together step

- 1, 2, Right step, lock left behind right,  
3&4 step right foot forward, step left together, step right foot forward,  
5, 6, Left step, lock right behind left,  
7&8 step left foot forward, step right together, step left forward. (12:00)

## Rock forward and back, left back lock back, 1/2 turn shuffle clockwise, left side rock 1/4 cross

- 9&10, Rock forward on right foot, recover to left and rock back onto right,  
11&12 step left back, lock right over left and step left back again,  
13&14, turn clockwise with a 1/2 shuffle over right shoulder, right, left, right,  
15&16 step left foot forward taking the weight as you turn 1/4 turn right transfer weight onto right foot and step left across right foot. (9:00)

## 1/2 hinge turn anti-clockwise, right samba, left sailor, right sailor

- 17, 18, Step weight onto right foot as you start a hinge turn anti- clockwise taking weight onto left foot as you complete the 1/2 turn,  
19&20 step right across left, step left to left side and right to right side (samba),  
21&22, Step left behind right, step right to right side and left to left side (sailor),  
23&24 step right behind left, step left to left side and right to right side (sailor). (3:00)

## Left samba, walk forward right, left, right mambo forward, left mambo back.

- 25&26, Step left across right, step right to right side, step left to left side (samba),  
27, 28 walk forward stepping right, left,  
29&30, Rock forward on right, taking weight onto right, recover onto left and step right foot beside left foot,  
31&32 rock back on left foot, taking weight onto left foot, recover onto right foot and step left foot beside right. (3:00)

## Tag: done at the end of wall 2.

- 1, 2, 3&4& Elvis knees, left, right, left, right, left, right.

Last Update: 11 Jan 2025

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