

Heel, Toe, Dosey Doe!

Compte: 56

Mur: 4

Niveau: Improver

Chorégraphe: Shanthie De Mel (AUS) - January 2025

Musique: Boot Scootin' Boogie - Brooks & Dunn



Intro: 16 Count. Begin on vocals. No Tags. No Restarts. Left rotation.

~128 BPM. You should be facing 12:00 when the song finishes at the 7th rotation.

NOTE. This dance is not strictly phrased to the music, & can be easily danced without Tags or Restarts. (Similar to the popular classic Boot Scootin' Boogie by Bill Bader.1990)
Do your own styling.

(1-8) HEEL. HOLD. TOE. HOLD. VINE RIGHT. HOLD.

- 1, 2 Touch R heel forward. Hold.
- 3, 4 Touch R toe forward. Hold.
- 5, 6 Step R to right side. Cross L behind R.
- 7, 8 Step R to right side. Hold. (12:00)

(9-16) HEEL. HOLD. TOE. HOLD. VINE LEFT. HOLD.

- 1, 2 Touch L heel forward. Hold.
- 3, 4 Touch L toe forward. Hold.
- 5, 6 Step L to left side. Cross R behind L.
- 7, 8 Step L to left side. Hold. (12:00)

(17-24) WALK FORWARD CLAP. x4.

- 1, 2 Walk R forward. Clap.
- 3, 4 Walk L forward. Clap.
- 5, 6 Walk R forward. Clap.
- 7, 8 Walk L forward. Clap. (12:00)

(25-32) TRI-ROCKER RIGHT WITH HOLD.

- 1, 2 Rock R forward. Recover L.
- 3, 4 Rock R to right side. Recover L.
- 5, 6 Rock R to the back. Recover L.
- 7, 8 Step R together. Hold. (12:00)

(33-40) TRI-ROCKER LEFT WITH HOLD.

- 1, 2 Rock L forward. Recover R.
- 3, 4 Rock L to left side. Recover R.
- 5, 6 Rock L back. Recover R.
- 7, 8 Step L together. Hold. (12:00)

(41-48) BACK. KICK. x4

- 1, 2 Step R back. Kick L forward.
- 3, 4 Step L back. Kick R forward.
- 5, 6 Step R back. Kick L forward.
- 7, 8 Step L back. Kick R forward. (12:00)

(49-56) TURN ¼ LEFT. HOLD. SIDE. HOLD. SWAY. SWAY.

- 1, 2 Turning ¼ left step R to right side. Hold. (9:00)
- 3, 4 Step L to left side. Hold.
- 5, 6 Sway on R to the right side for 2 counts.
- 7, 8 Sway on L to the left side for 2 counts. (9:00)

Enjoy the dance! Stay well & happy.
