

Heart Breakin'

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Jen Michele (USA) - February 2025

Musique: Breakin' in Boots - Matt Stell



Dance starts 16 counts in, just before vocals

****2 Restarts and 1 Tag**

Section 1 - Sway, Sway, Chasse Right, ¼ turn right, ¼ turn right, Cross Shuffle.

- 1-2 sway hips right, sway hips left (12:00)
- 3&4 traveling to the right – step right to side, left next to right, right to side (cha cha cha) (12:00)
- 5-6 step left to side as you turn ¼ right, step right to side as you turn another ¼ right (6:00)
- 7&8 cross left over right, small ball step or weight change onto right foot, cross step left over right as you prepare to turn right (cha cha cha) (6:00)

Section 2 - ¼ Right Heel and Heel, right Step-lock-step, Step, ½ pivot right, left step-forward, hold.

- 1&2& turning a ¼ to the right put your right heel forward, step right next to left, put left heel forward, step left next to the right (9:00)
- 3&4 step right foot forward, step left behind right, step right foot forward (9:00)
- 5-6 step left foot forward, turn ½ turn going right with weight ending forward on the right foot (3:00)
- 7-8 step left foot forward, hold (3:00)

****RESTART here on walls 2 and 4****

Section 3 - Kick and point, Kick and point, Rock back, Recover, Full turn

- 1&2 kick right foot forward, step right next to left and point left toe out to left side (3:00)
- 3&4 kick left foot forward, step left next the right and point the right toe out to the right side (3:00)
- 5-6 rock weight back onto the right foot, recover weight forward onto the left foot (3:00)
- 7-8 turning left – make a ½ turn back onto the right foot, continue another ½ turn left ending with weight forward on the left (3:00)

Section 4 - Walk forward right, hold, lock-step (or ball step), small hitch left. Walk back left, right, left, small flick back with right.

- 1-2 walk forward right, hold (3:00)
- &3-4 lock or ball step on left, step forward right, bring left knee slightly up (hitch, but keep it small) (3:00)
- 5-6 walk back left, right (3:00)
- 7-8 walk back left, flick right foot back (keep it small) (3:00)

TAG at the end of wall 7: 1-2 sway right, sway left and then start from the beginning!

****Ending to face 12:00: you will be dancing section 2, do this during counts 7&8 instead of the left step lock step, make an additional half turn back onto the left foot****

Start over and have fun!

See ya on the dance floors!

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Last Update - 17 Apr 2025