Mopin' Around

Niveau: High Beginner

Chorégraphe: Shelli Blake (USA) - February 2025 Musique: Mopin' Around - Trevor McSpadden

NO TAGS/NO RESTARTS

Compte: 32

Intro: 32 counts, Weight starts on L

SHUFFLE R, ROCK, RECOVER

- Step R foot to R side, step L foot next to R foot, step R foot to R side 1&2
- 3-4 Rock back L foot, recover on R foot

SHUFFLE L, ROCK, RECOVER

- 5&6 Step L foot to L side, step R foot next to L foot, step L foot to L side
- 7-8 Rock back R foot, recover on L foot

STEP R, POINT L, STEP L, POINT R

- 1-2 Step forward R foot, point L foot to L side
- 3-4 Step forward L foot, point R foot to R side

ROCK R, RECOVER, 1/2 TURN R, STEP L

- 5-6 Rock forward R foot, recover on L foot
- 7-8 Step R foot into 1/2 turn R over R shoulder, step L foot next to R foot

SWIVEL HEELS (L, R, L), HOLD & CLAP

- 1-3 Swivel heels to L, swivel heels to R, swivel heels to L
- 4 Hold and clap both hands together

SWIVEL HEELS R, HOLD & CLAP, SWIVEL HEELS CENTER, HOLD & CLAP

- Swivel heels to R, hold and clap both hands together 5-6
- Swivel heels to center, hold and clap both hands together 7-8

ROCK FORWARD R. RECOVER, ROCK BACK R. RECOVER

- 1-2 Rock forward R foot, recover on L foot
- 3-4 Rock back R foot, recover on L foot

STEP R, PIVOT 1/4 TURN, STEP R, PIVOT 1/2 TURN

- 5-6 Step forward R foot, pivot 1/4 turn L (weight stays L)
- 7-8 Step forward R foot, pivot 1/2 turn L (weight stays L)

START DANCE AGAIN

NOTE: THERE IS AN ENDING TO BRING YOU BACK TO 12:00 WALL On wall 12 do the first 12 counts of the dance, the step back R foot, step L foot into 1/4 turn L, touch R foot next to L foot, and smile Last Update - 12 Feb. 2025 - R1





Mur: 4