

Seasons Love

Compte: 32

Mur: 4

Niveau: Beginner +

Chorégraphe: Courtney Rowe (UK) - January 2025

Musique: Seasons - Mark Mendy, Hanno & ZHIKO



Intro: 7,8

S1: WALK FWD, ANCHOR, 1/2 R, 1/2 R, COASTER

- 1,2 L step fwd, R step fwd
- 3&4 L step behind R weight on L, recover weight on R, step down on L
- 5,6 R step fwd 1/2 R, L step back 1/2 R (12:00)
- 7&8 R step back, L step next to R, R step fwd

S2: L SAMBA, R SAMBA, L CROSS, 1/4 L, L BACK ROCK

- 1&2 L cross over R, R step to R side weight on R, recover weight on L
- 3&4 R cross over L, L step to L side weight on L, recover weight on R
- 5,6 L cross over R, R step back 1/4 L (9:00)
- 7,8 L step back weight on L, recover weight on R

S3: STEP, KICK & TAP, L SHUFFLE FWD, 1/2 L, 1/2 L, 1/4 L

- 1,2 L step fwd, R kick fwd
- &3 R step back, L tap across R
- 4&5 L step fwd, R step next to L, L step fwd
- 6,7,8 R step back 1/2 L, L step fwd 1/2 L, R step 1/4 L to R side (6:00)

S4: L SAILOR, R SAILOR, BACK SWEEP, BACK SWEEP, BACK ROCK

- 1&2 L step back R, R step to R side, L step to L side
 - 3&4 R step behind L, L step to L side, R step to R side
 - 5 L step back sweeping R front to back
 - 6 R step back sweeping L front to back
 - 7,8 L step back weight on L popping R knee, recover weight on R
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