

Bring Me to Life Salsa

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Bambang Satiyawan (INA) - February 2025

Musique: Bring Me To Life (Salsa NF Remix) - Evanescence



****2 Tags, No Restart**

Start dance on beat music

SECTION I. FORWARD MAMBO - BACK MAMBO, SIDE MAMBO R-L

- 1 & 2 Step RF forward, Step LF in place, Close RF together
- 3 & 4 Step LF back, Step RF in place, Close LF together
- 5 & 6 Step RF to side, Step LF in place, Close RF together
- 7 & 8 Step LF to side, Step RF in place, Close LF together

SECTION II. CUMBIA R-L, SYNCOPATED CHASSE RIGHT

- 1 & 2 Cross RF behind LF, Recover on LF, Close RF together
- 3 & 4 Cross LF behind RF, Recover on RF, Close LF together
- 5&6& Step RF to side, Close LF together, Step RF to side, Close LF together
- 7 & 8 Step RF to side, Close LF together, Step RF to side

SECTION III. SYNCOPATED CHASSE LEFT, CROSS MAMBO R-L

- 1&2& Step LF to side, Close RF together, Step LF to side, Close RF together
- 3 & 4 Step LF to side, Close RF together, Step LF to side
- 5 & 6 Cross RF over LF, Step LF in place, Close RF together
- 7 & 8 Cross LF over RF, Step RF in place, Close LF together

SECTION IV. BOTAFOGO R, BOTAFOGO L TURN 1/4LEFT, JAZZBOX MODIFIED WITH TOE STRUT

- 1 & 2 Cross RF over LF, Ball LF to side, Step RF in place
- 3 & 4 Cross LF over RF, Turn ¼ left Ball RF to side (9.00), Step LF in place
- 5&6& Cross touch RF over LF, Step RF in place, Touch LF back, Step LF in place
- 7&8& Touch RF to side, Step RF in place, Touch LF forward, Step LF in place

(Option for beginner: Only JAZZBOX without toe strut)

- 5 – 6 Cross RF over LF, Step LF back
- 7 – 8 Step RF to side, Step LF forward

****2 Tags:**

Tag 1 after Wall 1 (6 counts)

*Step touch RF to side, Drag RF towards LF until 6 counts

Option: Step touch RF to side, Hold until 6 counts

Tag 2 after Wall 3 (4 counts)

*Step touch RF to side, Drag RF towards LF until 4 counts

Option: Step touch RF to side, Hold until 4 counts

Enjoy the dance...

Contact person:

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