

# The Walk

Compte: 64

Mur: 2

Niveau: Improver

Chorégraphe: Larry Pizzini Jr. (USA) - March 2025

Musique: Walk of Life - Dire Straits



\* 1 restart

Dance starts approximately at 37 seconds, 64 counts after the beat starts

## Right K-Step With Claps

- 1,2 Step RF diagonally forward to the right, touch LF next to RF clapping hands
- 3,4 Step LF diagonally back to the left, touch RF next to LF clapping hands
- 5,6 Step RF diagonally back to the right, touch LF next to RF clapping hands
- 7,8 Step LF diagonally forward to the left, touch RF next to LF clapping hands

## Heels, Toes, Heels, Heel Flick, Heels, Toes Heels, Heel Flick

- 1,2 Swivel both heels to the right, swivel both toes to the right
- 3,4 Swivel both heels to the right, flick L heel behind R knee
- 5,6 Swivel both heels to the left, swivel both toes to the left
- 7,8 Swivel both heels to the left, flick R heel behind L knee

## Funky Walk, R Toe Strut, L Toe Strut

- 1,2 Step RF forward rolling right knee out, step LF forward rolling left knee out
- 3,4 Step RF forward rolling right knee out, step LF forward rolling left knee out
- 5,6 Touch R toe forward, step down on RF
- 7,8 Touch L toe forward, step down on LF

## Right ¼ Turn Monterey, Right ¼ Turn Monterey

- 1,2 Point RF to the right, make a ¼ turn right stepping RF next to LF
- 3,4 Point LF to the left, step LF next to RF
- 5,6 Point RF to the right, make a ¼ turn right stepping RF next to LF
- 7,8 Point LF to the left, step LF next to RF

Restart happens here on the 6th repetition!!!

## Charleston Step (X2)

- 1,2 Step RF forward, kick LF forward
- 3,4 Step LF next to RF, touch right toe back
- 5,6 Step RF forward, kick LF forward
- 7,8 Step LF next to RF, touch right toe back

## Step, Lock, Step, Scuff, Jazz Box Scuff

- 1,2 Step RF forward, cross LF behind RF
- 3,4 Step RF forward, scuff LF forward
- 5,6 Cross LF over RF, step back on RF
- 7,8 Step LF slightly to the left, scuff RF forward

## Cross Weave, Cross Strut, Toe Strut

- 1,2 Cross RF over LF, step LF to the left
- 3,4 Cross RF behind LF, step LF to the left
- 5,6 Cross R toe over LF, step down on RF
- 7,8 Touch L toe to the left, step down on LF

## Kick, Kick, Rock, Recover, Step, L ½ Pivot, Step, L ½ Pivot

- 1,2 Kick RF forward twice
- 3,4 Rock back on RF, recover on LF
- 5,6 Step RF forward, make a ½ turn left taking weight on LF
- 7,8 Step RF forward, make a ½ turn left taking weight on LF

**ALTERNATE STEPS FOR THE 2ND SET OF 8!!!**

**Right Applejack Walk, Heel Flick, Left Applejack Walk, Heel Flick**

- 1 With weight on R heel and ball of LF, swivel R toe and L heel to the right (feet should be making a “V” with toes pointed outward)
  - 2 With weight on L heel and ball of RF, swivel L toe and R heel to the right (feet should be making a backwards “V” with heels pointed out)
  - 3 With weight on R heel and ball of LF, swivel R toe and L heel to the right (feet should be making a “V” with toes pointed outward)
  - 4 With weight on ball of RF, swivel R heel right while flicking LF behind R knee
  - 5 With weight on ball of RF, swivel R heel left while stepping L heel down swivelling L toe left (feet should be making a “V” with toes pointed outward)
  - 6 With weight on R heel and ball of LF, swivel R toe and L heel to the left (feet should be making a backwards “V” with heels pointed out)
  - 7 With weight on L heel and ball of RF, swivel L toe and R heel to the left (feet should be making a “V” with toes pointed out)
  - 8 With weight on ball of LF, swivel L heel left while flicking RF behind L knee
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