Yi Lu Sheng Hua (一路生花)

Niveau: Improver

Chorégraphe: Penny Tan (MY) - March 2025

Musique: Yi Lu Sheng Hua (一路生花) - Wen Yi Xin (温奕心)

Mur: 4

Intro: 32C – Tag x3 / No Restart

Compte: 32

Tag :Basic NC R-L

- 1-2& Big step RF to R , slightly cross LF behind RF , recover on R
- 3-4& Big step LF to L, slightly cross RF behind LF, recover on L

*Tag (4&C) at the end of W2 (6:00), W5 (3:00) & W6 (6:00)

SEC1:BASIC NIGHT CLUB (R-L), RUMBA BOX

- 1-2& Big step RF to R, slightly cross LF behind RF, recover on R
- 3-4& Big step LF to L, slightly cross RF behind LF, recover on L
- 5&6 Step RF to R , step LF next to RF , step RF fwd
- 7&8& Step LF to L , step RF next to LF , step LF back , step RF next to LF

SEC2:BACK WITH LIFT R , FWD , FWD , SERPIENTE , CROSS , RECOVER , SIDE

- 1-2& Step LF back with slightly lift RF up , step RF fwd , step LF fwd
- 3-4& Cross R over L and sweep L to front, cross L over R, step R to side
- 5-6& Cross L behind R and sweep R to back, cross R behind L, step L to side
- 7-8& Cross RF over LF , recover on L , step RF to R

SEC3:CROSS , RECOVER , SIDE , FWD SHUFFLE R-L , FWD , ½ TURN L HOOK

- 1-2& Cross LF over RF , recover on R , step LF to L
- 3&4 Fwd shuffle R-L-R
- 5&6 Fwd shuffle L-R-L
- 7-8 Step RF fwd , 1/2 turn L with hook LF over RF

SEC4:FWD SHUFFLE , MAMBO R-L , ¼ TURN L SIDE, RECOVER, TOUCH

- 1&2 Fwd shuffle L-R-L
- 3&4 Rock RF to R side , recover on L , step RF next to LF
- 5&6 Rock LF to L side , recover on R , step LF next to RF
- 7& r ¼ turn L ,rock RF to R , recover on L , touch RF next to LF

Have fun and happy dancing!

