

Hao Ren Hao Meng (好人好梦)

COPPER KNOB
STEPSHEETS

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Penny Tan (MY) - March 2025

Musique: Hao Ren Hao Meng (好人好梦) - Black Duck (黑鴨子)



Tag x3 / Restart 1

*Tag (6C) at the end of W2 (6:00) , W7 (9:00) & W9 (3:00)

**Restart on W5 after 36C , facing 3:00

SEC1:TWINKLE STEP (L-R)

1-2-3 Cross LF over LF, rock RF slightly to the R, recover on LF

4-5-6 Cross RF over LF, rock LF slightly to the L, recover on RF

SEC2: WALTZ BALANCE STEP

1-2-3 Step LF fwd , step RF next to LF , step LF in place

4-5-6 Step back on RF, step LF next to RF, step RF in place

SEC3:TWINKLE ¼ TURN L , WEAVE

1-2-3 ¼ turn L , Cross LF over LF, rock RF slightly to the R, recover on LF

4-5-6 Cross RF over LF , step LF to L side , step RF behind LF

SEC4:SIDE , BEHIND , RECOVER (L-R)

1-2-3 Step LF to L , rock RF behind LF , recover on L

4-5-6 Step RF to R , rock LF behind RF , recover on R

SEC5:½ TURN L , BACK BASIC WALTZ (L-F)

1-2-3 Step LF fwd, ½ turn L , stepping LF slightly back , step RF next to LF

4-5-6 Step back on RF, step LF next to RF, step RF in place

SEC6:CROSS LUNGE

1-2-3 Cross lunge LF over RF , recover on R , step LF to L side

4-5-6 Cross lunge RF over LF , recover on L , step RF to R side

SEC7:FWD BASIC TWICE

1-2-3 Step LF fwd , step RF next to LF , step LF in place

4-5-6 Step RF fwd , step LF next to RF , step RF in place

SEC8:BACK BASIC TWICE

1-2-3 Step LF back, step RF next to LF , step LF in place

4-5-6 Step back on RF, step LF next to RF, step RF in place

Have fun and happy dancing!

Last Update: 20 Mar 2025