

Love Sent

Compte: 40

Mur: 4

Niveau: Upper Beginner



Chorégraphe: Larry Campbell (USA) - March 2025

Musique: Send My Love (To Your New Lover) - Adele

Right Mambo, Left Mambo, Rocking Chair, ½ Turn, Step

- 1&2 Rock RF to the R side, recover on LF, step RF next to LF
- 3&4 Rock LF to the L side, recover on RF, step LF next to RF
- 5&6& Rock RF forward, recover LF, rock RF back, recover LF
- 7&8 Step RF forward, turn ½ towards left shoulder, step RF forward

Left Mambo, Right Mambo, Rocking Chair, ½ Turn, Step

- 1&2 Rock LF to the L side, recover on RF, step LF next to RF
- 3&4 Rock RF to the R side, recover on LF, step RF next to LF
- 5&6& Rock LF forward, recover RF, rock LF back, recover RF
- 7&8 Step LF forward, turn ½ towards right shoulder, step LF forward

Shuffle x2

- 1&2 Step RF forward, step ball of LF next to right, step RF forward
- 3&4 Step LF forward, step ball of RF next to left, step LF forward

Weave Right, Then Left

- 1&2& Step RF to R side, cross LF behind RF, step RF to R side, cross LF over RF
- 3&4 Rock RF to side, slide LF toward RF while putting weight on it, cross RF in front of LF
- 5&6& Step LF to L side, cross RF behind LF, step LF to L side, cross RF over LF
- 7&8 Rock LF to side, slide RF toward LF while putting weight on it, cross LF in front of RF

Rock, Sailor, Rock, ½ Turn Sailor

- 1-2 Rock RF to R side, recover LF
- 3&4 RF behind LF, LF to L side, step RF home
- 5-6 Rock LF to L side, recover RF
- 7&8 Step LF back and ¼ turn towards left shoulder, step RF w ¼ turn towards left shoulder, step LF home

¼ turn, Stomp x2

- 1-2 Step RF out, pivot ¼ towards L shoulder
- 3-4 Stomp RF, Stomp LF

Start Over
