

# Best Day Ever

**COPPER** KNOB  
STEPPERS

Compte: 56

Mur: 0

Niveau: Phrased Advanced

Chorégraphe: Sabine Kupferschmid (CH) & Priska Staud (CH) - March 2025

Musique: Best Day Ever - Sly & The Family Stallone



**Intro 16 Counts Part A 16 Counts, Part B 24 Counts, C 16 Counts, Tag 2 Counts**

**Intro – A – A – B – C – C – Intro – A – A – B – C – C – Intro – B – Tag – C – C**

**\* Tag 2 Counts Put R next to L & clapp hands, clapp hands**

## **Intro**

### **Sect 1 DIAGONAL ROCK RECOVER, BEHIND SIDE CROSS, DIAGONAL ROCK RECOVER, BEHIND SIDE CROSS**

- 1 – 2            Diagonal rock R - Recover on L
- 3 & 4           Cross R behind L – Side step L – Cross R in front of L
- 5 – 6           Diagonal rock L - Recover on R
- 7 & 8           Cross L behind R – Side step R – Cross L in front of R

### **Sect 2 STEP ½ TURN, STEP ½ TURN, LONGSTEP SLIDE, LONGSTEP SLIDE**

- 1 – 2           Step forward R – ½ turn left and put the weight on the left
- 3 – 4           Step forward R – ½ turn left and put the weight on the left
- 5 – 6           Longstep R diagonal forward slide L towards R
- 7 – 8           Longstep L diagonal forward slide R towards L

## **Part A: 16c**

### **Sect 1 STOMP UP, STOMP ¼ TURN KICK, COASTER STEP, ½ TURN, ¼ TURN TOUCH, KICK BALL CROSS**

- & 1 – 2          Stomp up R next to L – Stomp R to the R – ¼ turn Kick L over the left shoulder
- 3 & 4           Step back L – Step back R to the L – Step forward L
- 5 – 6           ½ turn step back R over the left shoulder – ¼ turn touch L next to R over the left shoulder
- 7 & 8           Kick L – Step L – Cross R over L

### **Sect 2 OUT, STOMP, STEP BACK, COASTER STEP, SHUFFLE, KICK ½ TURN FLICK**

- & 1 – 2          Diagonal step out L – Stomp side R – Step L back to the center
- 3 & 4           Step back R – Step L next to R – Step forward R
- 5 & 6           Step forward L – Close R behind L – Step forward L
- 7 – 8           Kick R – ½ turn over the left shoulder flick R

## **Part B: 24c**

### **Sect 1 SIDE, BEHIND, HEEL, CROSS, ¼ TURN, ½ TURN, ¼ SHUFFLE TURN**

- 1 – 2 &          Step side R – Cross L behind R – Step side R
- 3 & 4           Heel L – Put weight on the L – Cross R over L
- 5 – 6           ¼ turn over the right shoulder step back L – ½ turn step forward R
- 7 & 8           ¼ turn over the right shoulder step side L – Close R next to L – Step side L

### **Sect 2 BACK ROCK, RECOVER, KICK BALL CHANGE DIAGONAL, STEP, STEP, KICK BALL CHANGE DIAGONAL**

- 1 – 2           Diagonal step back R – Recover on L
- 3 & 4           Kick diagonal R – Step R – Step forward L
- 5 – 6           Step forward R – Step forward L
- 7 & 8           Kick diagonal R – Step R – Step forward L

**Sect 3 SIDE ROCK, RECOVER, HITCH, SCISSOR STEP, POINT L, POINT R, DOUBLE KICK R**

- 1 – 2 Step side R – Recover on L and lift the right foot next to the left knee
- 3 & 4 Step side R – Step L next to R – Cross R over L
- 5 & 6 Point L – put L next to R – Point R
- 7 – 8 Kick R – Kick R

**Part C: 16c**

**Sect 1 2 x JUMP, JUMP ¼ TURN, ¼ HEEL TURN, JUMPING BACK ROCK RECOVER, WALK, WALK**

- 1 – 2 Jumping to the right with both feet – Jumping to the left with both feet
- 3 – 4 Jump to the right with both feet – ¼ turn over the right shoulder put weight back on L and R heel forward
- 5 – 6 Jumping back rock R – Recover to L
- 7 – 8 Step forward R cross over L – Step forward L cross over R

**Sect 2 RUMBA BOX, 2 x SCOOT BACK WITH TOUCH, BACK ROCK, TOUCH IN FRONT, STEP**

- & 1 – 2 Step side to R with the right foot – Step L next to R – Step forward R
  - & 3 – 4 Step side to L with the left foot – Step R next to L – Step back L
  - 5 – 6 Scoot back L with touch R back – Scoot back L with touch R back
  - 7 – 8 Jumping back R with touch L in front – Recover to L
-