

The Spins

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Ryan James Culligan (USA) - March 2025

Musique: The Spins - Mac Miller & Empire Of The Sun



Intro: 32 counts, approx. 15 seconds. Start on word "Mansion"

WALK, WALK, ½ TURN TRIPLE, COASTER, STEP, HEEL SWIVEL

- 1,2 Step forward right, Step forward left
- 3&4 Turn ½ left as you step R forward, step L next to R, step R back
- 5&6 Step back on LF, step RF next to LF, step fwd on LF
- 7&8 Step RF forward, Swivel heels right, bring heels back center

SAILOR, BEHIND SIDE CROSS, HEEL SWITCH, ¼ TURN, STEP

- 1&2 Step RF behind LF, step LF out, step RF out
- 3&4 Cross LF behind RF, Step RF to side, Cross LF in front of RF
- 5,6 Step RF to side, cross LF behind RF
- &7&8 Step RF to side, step left heel out, step on LF, cross RF over LF & step forward while turning ¼ left

SHUFFLE, TURN, ROCK & CROSS, UNWIND ¾ TURN

- 1&2 Shuffle forward left, right, left
- 3,4 Step forward on RF as you turn ½ left, Step back on LF as you turn ½ left
- 5&6 Rock RF to side, recover on LF, cross RF over LF
- 7-8 Unwind ¾ turn left

DIAGONAL SLIDE x2, ROCK & CROSS, STEP OUT, HITCH ¼ TURN

- 1,2 Step diagonally forward on RF, slide LF to meet RF
- 3,4 Step diagonally forward on LF, slide RF to meet LF
- 5&6 Rock RF to side, recover on LF, cross RF over LF
- 7,8 Step LF to side, Hitch R while turning ¼ right on LF

Your right foot will end the dance off the ground, allowing you to step right into the next wall!

Stepsheet prepared by Ryan James Culligan