Feet Off The Ground



Compte: 28 Mur: 2 Niveau: Intermediate

Chorégraphe: Mike Glass (USA) - March 2025

Musique: Float - Switchfoot



Intro: start after 3-count after singer says "OK, let's do it"

Restart: Only one on Wall 7 after first 14 counts

Tags: First on Walls 5, 9, and 16 (this one ends the dance); Second on Walls 10, 11, and 12.

[1-7] Sweeps back, half turns back, quarter turn, begin quarter turn jazz box

1,2,3 Step back L while sweeping R back, Step back R while sweeping L back, Step back L while

sweeping R back

4,5 Right 1/2 turn back stepping R forward, right 1/2 turn stepping L back

6 Right 1/4 turn back stepping R to right side 7 Cross L over R to start partial jazz box

[8-14] Finish quarter turn jazz box, shuffle forward, taps

1,2 Step R to right, 1/4 turn left while stepping L forward

3&4 Shuffle forward R, L, R

5&6&7 Touch L forward and step L next to R, touch R forward and step R next to L, step L forward

Restart here on Wall 7

[15-21] Quarter turn slides and shuffle-slide, ball cross, quarter step

Slide R right while turning 1/4 left
Slide L left while turning 1/4 left

3&4 Step R right while turning 1/4 left, step L next to R, step wide R to right while starting slow-

slide L into R

5 Finish slow-slide L into R (goes with some drawn out lyrics like "yeahhh...")

&6 Ball step L and cross R over L7 1/4 turn left while stepping L forward

[Tag here on Walls 10, 11, & 12 on Steps 3-7] Forward shuffle, half pivot turn

3&4 Shuffle forward R, L, R

5, 6, 7 Step L forward, 1/2 turn right in place while shifting weight to R, Step L forward**

[22-28] Rock recover, half shuffle, half rock recover, half back lock step

1,2 Rock forward on R, recover weight on L3&4 Shuffle back R, L, R while 1/2 turning right

5,6 1/2 turn right while stepping back on L, step forward and recover weight on R 87 1/4 turn right while stepping L to side, 1/4 turn right while crossing R over L

Tag here on Walls 5, 9, & 16 on Steps 1-7] Stomp-recover, half turn, stomp-recover, heels

1, 2, 3 Stomp and rock forward on R, recover weight on L, step forward R while turning 1/2 right 4, 5 Stomp and rock forward on L, recover weight on R (the third time you do this tag the dance

ends on count 4, L stomp)

&6&7 Step L next to R, R heel, step R next to L, L heel