

No Manual for Life

COPPER KNOB
STEPSHEETS

Compte: 16

Mur: 4

Niveau: Improver



Chorégraphe: Diana Liang (CN) - April 2025

Musique: Sheng Huo Mei You Shuo Ming Sh (生活没有说明书) - Luo Shen Mo Luo (洛什么洛)

Intro: 1

S1: Back Sweep, Behind Side Cross, Side Sweep, Behind Side Cross Rock, Recover, 1/8R Side Sway, Sway LR

- 1 step Lf back sweeping Rf from front to back
- 2&a step Rf behind Lf, step Lf to L, cross Rf over Lf
- 3 step Lf to L sweeping Rf to back
- 4&a step Rf behind Lf, step Lf to L, cross rock Rf over Lf
- 5 recover to Lf
- 6& turn 1/8 to R stepping Rf to R, 1:30H, sway to R
- 7 sway to L
- 8 sway to R dragging Lf towards Rf

S2: Forward, 1/2L Shuffle Back, Back Hook, Forward 1/8R Point, 1/4L Together Point, 1/4R Together Point, Forward, Full L Forward

- 1 step Lf forward
- 2&a turn 1/4 to L stepping Rf to R, 10:30H, turn 1/8 to L locking Lf over Rf, 9H, turn 1/8 to L stepping Rf back, 7:30H
- 3 step Lf back hooking Rf over Lf
- 4& step Rf forward, turn 1/8 to R pointing Lf to L, 9H
- 5& turn 1/4 to L stepping Lf next to Rf, point Rf to R, 6H
- 6& turn 1/4 to R stepping Rf next to Lf, 9H, point Lf to L
- 7 step Lf forward
- 8&a turn 1/2 to L stepping Rf back, 3H, turn 1/2 to L stepping Lf forward, 9H, rock Rf forward

Thanks and happy dancing!

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