

My Heart My Home

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Low Improver

Chorégraphe: Heather Barton (SCO) & Alexis Strong (UK) - April 2025

Musique: More Than A Feeling - Declan J Donovan



Intro: 8 Counts, Start at approx 4 secs

SEC 1 Syncopated Rocks, Back Shuffle, Back Rock

- 1-2& Rock right forward, recover weight on to left, step right beside left
- 3-4 Rock left forward, recover weight on to right
- 5&6 Step left back, step right beside left, step left back
- 7-8 Rock right back, recover weight on to left

SEC 2 Cross, Point, Weave, Side Rock Flick, Side Shuffle

- 1-2 Cross right over left, point left to left
- 3&4 Step left behind right, step right to right, cross left over right
- 5-6 Rock right to right, recover weight on to left flicking right behind left
- 7&8 Step right to right, step left beside right, step right to right

SEC 3 Cross, Side, ¼ Sailor Step Cross Rock, Ball Cross, ¼ Back

- 1-2 Cross left over right, step right to right
- 3&4 Turn ¼ left step left behind right, step right to right, step left forward (9:00)
- 5-6 Cross rock right over left, recover weight on to left
- &7-8 Step right beside left, cross left over right, turn ¼ left step right back (6:00)

SEC 4 ¼ Side Shuffle, Cross Rock, Side Drag, Together Pop, Walk, Walk

- 1&2 Turn ¼ left step left to left, step right beside left, step left to left (3:00)
 - 3-4 Cross rock right over left, recover weight on to left
 - 5-6 Step right to right dragging left towards right, step left beside right popping right knee forward
 - 7-8 Step right forward, step left forward
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