

Movement

Compte: 64

Mur: 2

Niveau: Advanced

Chorégraphe: Guyton Mundy (USA) & Klara Wallman (SWE) - January 2025

Musique: Movement - Hozier



(1 tag, 2 repeats)

#16 count intro.

[1-8]: STEP SWEEP, CROSS SIDE BEHIND, PRESS, STEP, SYNCOPATED ROCK/RECOVER, ½ TURN L

- 1a2a Step L fwd sweeping R in front of L, cross R over L, step L to L side, cross R behind L
- 3-4 Sweep L in a circle counterclockwise in front of R, hitch L knee
- 5-6 Press L to L diagonal, step L in place
- 7&8& Rock R fwd, recover weight to L, step R back, ½ turn L stepping L fwd (6:00)

[9-16]: ¾ SPIRAL L, SIDE, SWAYS, ¼ TURN R, FULL CHASE, BACK, BACK COASTER ROCK

- 1-2 ¾ turn L stepping on ball of R (9:00), step L to L side
- 3&4 Sway R, sway L, ¼ turn R stepping R fwd (12:00)
- 5&6 Step L fwd, ½ turn R stepping R fwd (6:00), ½ turn R stepping L back (12:00)
- 7-8&1 Step R back, step L back, step R next to L, rock L fwd

[17-24]: RECOVER, RUN BACK, ARABESQUE, LAYOUT, PREP, FULL TURN R, SIDE

- &2& Recover weight to R, step back L, step back R
- *Optional full turn for counts 2&: ½ turn L stepping L fwd, ½ turn L stepping R back**
- 3-4 Reach L foot straight back, ½ turn L pointing L toe and extending L foot fully (6:00)
- 5-6 Step L fwd, step R to R side while torquing L prepping for full turn (weight stays L)
- 7-8 Full turn R stepping on ball of R foot (6:00), step L to L side

[25-32]: SYNCOPATED ROCK/RECOVER WITH ¼ TURN R, ¾ CHASE TURN R, REVERSE ROCKING CHAIR, BACK, ½ TURN L

- 1&2 Rock R behind L, recover weight to L, ¼ turn R stepping R fwd (9:00)
- 3&4 Step L fwd, ½ turn R stepping R fwd (3:00), ¼ turn R stepping L to L side (6:00)
- 5&6& Rock R back, recover weight to L, rock R fwd, recover weight to L
- 7-8 Step R back, ½ turn L stepping L fwd (12:00)

[33-40]: SHOULDER ROLLS x4, FULL TURN R, SIDE, BEHIND SIDE CROSS

- 1-2 Step R to R side so feet are shoulder-width apart and roll shoulders R, L
- 3-4 Roll shoulders R, L while torquing to L prepping for full turn (weight goes to L)
- 5-6 Step R to R side making full turn R on ball of R foot (12:00), step L to L side
- 7&8 Step R behind L, step L to L side, cross R over L

[41-48]: SHOULDER ROLLS x4, FULL TURN L, SIDE, BEHIND SIDE CROSS

- 1-2 Step L to L side so feet are shoulder-width apart and roll shoulders L, R
- 3-4 Roll shoulders L, R while torquing to R prepping for full turn (weight goes to R)
- 5-6 Step L to L side making full turn L on ball of L foot (12:00), step R to R side
- 7&8 Step L behind R, step R to R side, cross L over R

[49-56]: BACK, BODY ROLL W/HAND MOVEMENT, BALL STEP, ¼ TURN R, CHEST PULSES x2, SHOULDER ROLLS x3

- 1-2 Step R back as L arm extends forward (palm facing R) and R hand traces up L arm to R side of face, R hand traces around back and top of head to front of face
- 3-4 R hand comes down from face tracing chest as you body roll from chest down

&5-6 Step L next to R, ¼ turn R stepping R to R side as you pulse chest and shoulders to R side twice with weight ending on R (3:00)
7&8 Shoulder rolls L, R, L stepping L to L side

[57-64]: CROSS, SIDE, BACK, BACK, ¼ TURN R, FWD, PREP, FULL SPIRAL L, WALK x2

1&2 Cross R over L, step L to L side, step R back
3&4 Step L back, ¼ turn R stepping R to R side (6:00), step L fwd
5-6 Step R fwd prepping for full turn, full turn L on ball of R foot (6:00)
7-8 Walk fwd L, R

TAG: On walls 1 & 2, after count 32.

1-2 Walk fwd R, walk fwd L

REPEAT #1: On wall 2, dance counts 49-64 twice in a row. Step L next to R (&) after count 64 in order to be on the correct foot to repeat.

REPEAT #2: On wall 3, dance counts 49-64 three times in a row. Step L next to R (&) after count 64 in order to be on the correct foot to repeat.
