

# Folsom Prison

**Compte:** 44

**Mur:** 4

**Niveau:** Beginner



**Chorégraphe:** Becky Shenefiel (USA) - January 2025

**Musique:** Folsom Prison Blues - Johnny Cash : (Live at Folsom State Prison)

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## **S1: CHA CHA BOX:R SIDE, TOGETHER, R CHA CHA BACK, L SIDE TOGETHER, CHA CHA UP**

- 1-2 Step R to right side, step L beside R,
- 3&4 Cha cha back with R foot or triple steps back RLR
- 5-6 Step L to left side, step R beside L
- 7&8 Cha cha up with L or triple steps up LRL

## **S2: R FWD ROCK, CHA CHA BACK, L BACK ROCK, CHA CHA UP**

- 1-2 R forward rock, recover weight on L
- 3&4 Cha cha back with R or triple steps back RLR
- 5-6 L back rock, recover weight on R
- 7&8 Cha cha fwd with L or triple steps fwd LRL

## **S3: JAZZ BOX TO R (X2)**

- 1-4 Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R
- 5-8 Cross R over L, step L back, turn 1/ 4 to right and step R to R side, step L beside R

## **S4: DOUBLE HIP BUMPS TO R & L, SINGLE HIP BUMPS RLRL**

- 1-4 Double hip bumps to R side (weight on R), double hip bumps to L side (weight on L)
- 5-8 Single hip bumps, RLRL

## **S5: CHARLESTON AND TURNING CHARLESTON 1/ 4 TO R**

- 1-4 Step R foot forward, kick with L, step back L, touch R beside L
- 5-8 Turn 1/ 4 R as you step R foot forward, kick with L, step back L, touch R beside L

## **S6: R & L SIDE STEP TOUCH**

- 1-2 Step R foot to right side, touch L beside R
- 3-4 Step L foot to left side, touch R beside L

**Note:** Because of the count to Folsom Prison Blues I added the side step touches. But you can do this to 40 count song by eliminating the side step touches.

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